



The Egyptian Society for
Bariatric Surgery
(ESBS)

ENDORSED CONGRESS



The International Federation for
the Surgery of Obesity and
Metabolic disorders (IFSO)

15th

**Annual Congress of the Egyptian
Society for Bariatric Surgery (ESBS)**

ESBS

in cooperation with

International Bariatric Club

30th IBC SYMPOSIUM

October 5-7, 2019

Dusit Thani Lake View, Cairo, Egypt

PROGRAM

Accredited by
Ain Shams University
with CME 21 credit hours



Congress Chairman
Prof. Dr. Khaled Gawdat

ESBS President
Prof. Dr. Essam Abdel Gilil

ESBS Vice President
Prof. Dr. Alaa Abbass

ESBS Secretary General
Prof. Dr. Mohy Elbanna

www.esbs-eg.com

Organized by
The Egyptian society for Bariatric Surgery

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ABOUT THE ESBS



The ESBS is a Non-Profit Society; within this milieu, the Society's main goal is to advance the science bariatric surgery via motivating its members to achieve:

- Planned teachings and updating activity, supervise bariatric surgery programs in the area, and issue guidelines and certification for bariatric surgery practice.
- Establishment of an intimate society of the obesity surgeons who have a role in the advancement of the obesity surgery.
- Establishment of guidelines for the use of bariatric surgery as treatment of metabolic disorder.
- Help members to get exposed to the latest medical research and literature in the field of bariatric surgery.

Our goal is to spread enough knowledge about bariatric surgeries and, to help limit the spreading of obesity throughout Egypt. The Egyptian society for bariatric surgery is responsible for: Facilitating the communication between members. All that concerns obese patients, information, care, and solutions. Searching for new surgical techniques, developing existing ones. Becoming a valued specialty society that serves the educational and professional needs of our members.

WELCOME MESSAGE FROM THE CONGRESS PRESIDENT

It is my proud privilege and honor to invite you to the 15th Annual Congress of The Egyptian Society for Bariatric Surgery to be held in Cairo, Egypt on the 5-7 October 2019.

The Egyptian Society for Bariatric Surgery (ESBS) was founded as a member Society of the International Federation for the Surgery of Obesity and Metabolic disorders (IFSO) in 1999. Bariatric surgery has enjoyed exponential growth in Egypt. The 15th annual Congress of the ESBS comes as a landmark meeting. The meeting has an international panel of experts, world-class Middle east and Egyptian bariatric surgery experts and great original studies from Egypt to make the conference a true scientific gathering.

The ESBS 2019 conference is a comprehensive, multi-disciplinary forum where leading national and international experts will conduct a critical review. The Congress shall provide a platform to address and debate on the recent advances and challenges in the field of Metabolic and Bariatric surgery.

Egypt has a rich historic culture and hosts world famous tourists attraction sites. Join us at our conference and enjoy the rich deep culture of Egypt.



Prof. Dr. Khaled Gawdat

Congress President

Founder and Honorary president of the ESBS

WELCOME MESSAGE FROM ESBS PRESIDENT

Dear colleagues,

It is my pleasure to join the entire ESBS executive council along with the president of ESBS Prof .Dr. Essam Abdel Gilil in welcoming you to our 15th annual congress in Cairo.

This year program is committed to provide tools for bariatric professionals, whether established surgeons or those new to the field, to improve the quality of their practices. This year program contains two preconference courses to be held on October 5-7, 2019. The scientific sessions will cover two and half days with a full track dedicated to integrated health professionals, abstract sessions and video sessions. A live surgery course.

I look forward to seeing each of you here as we host our 15th annual Congress



Prof .Dr. Essam Abdel Gilil
ESBS President

INTERNATIONAL SPEAKERS

ARRANGED ALPHABETICALLY



Aayed Qahtani
KSA



Ahmad Bashir
Jordan



AjjanaTechagumpueh
Thailand



Ashraf Haddad
Jordan



Chetan Parmar
London



Christine Stier
Germany



Francisco Campos
Mexico



Haris Khwaja
UK



Karl Miller
Austria



Hayssam Al-Fawal
Lebanon



Konrad Karcz
Germany



Khaled Hamdan
UAE



Luciana El-kadre
Brazil



Moataz Bashah
Qatar

INTERNATIONAL SPEAKERS

ARRANGED ALPHABETICALLY



Mohamed Elkalaawy
UK



Mohammed Bawahab
KSA



Nasser Sakran
Israel



Nicola Scopinaro
Italy



Patric Noel
France



Safwan Taha
UAE



Salman Al-sabah
Kuwait



Sherif Hakky
UK



Sultan Altemyatt
KSA



Zhiyong Dong
China

COMMITTEES

Founder and honorary president and IFSO representative
Prof. Dr. Khaled Gawdat

ESBS Executive Board

Prof. Dr. Essam Abdel Gilil
President

Prof. Dr. Alaa Abbass Sabry
Vice President

Prof. Dr. Mohey Elbanna
Secretary General

Organizing Committee

Prof. Dr. Essam Abdel Gilil

Prof. Dr. Khaled Gawdat

Prof. Dr. Saeed Alkayyal

Prof. Dr. Alaa Abbas

Prof. Dr. Osama Taha

Prof. Dr. Mohamed Abuzed

Prof. Dr. Mohy Elbanna

Dr. Ahmed Osman

Scientific Committee

Prof. Dr. Saeed Alkayyal

Prof. Dr. Alaa Abbas

Prof. Dr. Osama Taha

Prof. Dr. Mohy Elbanna

Prof. Dr. Khaled Gawdat

Prof. Dr. Osama Fouad

Prof. Dr. Wael Nabil

Prof. Dr. Khaled Katary

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9:30-10:00 Opening Ceremony

10:00-1:00 Session 1

Chairmen Hany Shehab, Hayssam Al-Fawal, Mohey Elbanna, Francisco Campos, Sherif Hakky

10:00-10:12	Endoscopic management of bariatric complications	Hany Shehab
10:12-10:24	Role of OAGB-MGB as metabolic surgery in patients with low BMI (<35kg/m ²)	Chetan Parmer
10:24-10:36	Esophageal twists are effective in the management of acute sleeve twists	Safwan A. Taha
10:36-10:48	The Outcomes Of Single Anastomosis Sleeve Jejunal Bypass As A Treatment For Morbid Obesity (2 Years Follow Up)	Alaa Elsewefy
10:48-11:00	Adolescent sleeve gastrectomy 5 years outcome	Hayssam Al-Fawal
11:00-11:12	Outcomes of candy cane revision	Sherif Hakky
11:12-11:24	Does Vagotomy affect the outcome of OAGB/MGB?	Mohey Elbanna
11:24-11:36	Why should we consider Regional Anesthesia in bariatric surgery?	Mohamed Daa Sarhan
11:36-11:48	Post Sleeve Resleeve or OAGB	Mohamed Abu Zeid
11:48-12:00	Sleeve resection and conversion to oesophago-jejunoatomy for complex leaks after sleeve gastrectomy	Mohamed Kalaawy
12:00-12:12	stomach reconstruction RYGB into Sleeve	Konard Karcz
12:12-12:24	Gastro Gastric Fistula in MGB	Francisco Campos
12:24-12:36	How hard are novel procedures to revise? Revision of Nissen -P to RNY Gastric Bypass	Ashraf Haddad
12:36-12:48	Controversies in bariatric surgery	Abdu El Banna
12:48-01:00	Discussion	

1:00-01:30 Lunch Symposium



Digital marketing for bariatric surgery Omar Abolnasr

1:30-04:15 Session 2

Chairmen El Said El Kayal, Konard Karcz, Sultan Al Temyatt, Chetan Parmer, Essam Abdel Gilil

01:30-01:42	Sleeve gastrectomy in cirrhotic patients: the 5th years follow up	Ashraf El Attar
01:42-01:54	Catastrophic intra gastric balloon	El Said El kayal
01:54-02:06	Duodenoilial bypass	Konard Karcz
02:06-02:18	Revisional bariatric surgery: Lessons learned from failed first revision	Hosamm El-Ghadban
02:18-02:30	Stricture after laparoscopic sleeve gastrectomy: cause and management	Mohamed Sharaan
02:30-02:42	Bariatric surgery with reesterilized Vs New instruments	Ahmed Bashir
02:42-02:54	Safety of bariatric surgery after left gastric artery Embolization	Khaled Katri
02:54-03:06	Management of failed gastric bypass	Ibrahim Galal
03:06-03:18	Unexpected intestinal malrotation during bariatric surgery	Ahmed Masry
03:18-03:30	Twisting of gastric sleeve Management options	Mohamed Ibrahim
03:30-03:42	Laparoscopic management of early leak after open VBG	Hany Maurice
03:42-03:54	Single anastomoses Gastric Bypass Debate continues	Sultan Al Temyatt
03:54-04:06	Sleeve gastrectomy in Situs Inversus Totalis patient	Mohamed Bawahab
04:06-04:15	Discussion	

04:15-04:30 Industrial Exhibition Coffee Break

04:30-06:30 Session 3 - ESBS/PABMS Session

Moderators Mohammed Haddad, Ashraf Haddad

to stent or not stent, leak after RYGBP	Khaled Hamdan
management of leak and bleeding after sleeve gastrectomy	Hayssam Al- Fawal
how hard are novel procedures ? Revision of Nissan to RYGBP	Ashraf Haddad
early surgical management of sleeve leak	Osama Taha
Early small bowel obstruction after gastric bypass	Ahmed Bashir
laparoscopic stent placement for leak management	Khaled Gawdat

07:00 Welcome Dinner (Lakeview Hall)

10:00-01:00 Session 1

Chairmen Nicola Scopinaro, Alaa Abbass, Aayed Qahtani, Christine Stier, Hassan Shaker

10:00-10:25	Refeeding Syndrome	Luciana El-Kadre
10:25-10:40	Bariatric surgery Between Science and fiction	Khaled Gawdat
10:40-10:52	Am I brilliant every single day in bariatric surgery?	Karl Miller
10:52-11:04	Revisional Surgery in patients with OAGB/ MGB	Francisco Campos
11:04-11:16	Reversal of Gastric bypass: when and why? A leading UK center experience	Mohamed ElKalaawy
11:16-11:28	IF after bariatric surgery	Faheem Bassiony
11:28-11:40	Radiology After Bariatric procedures	Tamer Osman
11:40-11:52	Long term Outcome in Diabetes Control after Laparoscopic Sleeve Gastrectomy and Laparoscopic Roux-En-Y Gastric Bypass, The Untold RCT Results	Ajjana Techagumpueh
11:52-12:04	Bariatric Surgery and NAFLD/Cirrhosis	Sandeep Aggarwal
12:04-12:16	Endobariatric : The future of bariatric and metabolic surgery	Aayed Qahtani
12:16-12:28	long term re-sleeve results (5 years)	Patrick Noel
12:28-12:40	Endoscopic treatment of Dumping	Christine Stier
12:40-01:00	Discussion	

01:00-01:30 Lunch Symposium

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Mental awareness in preparing challenging surgical revisions Karl Miller

SUNDAY 6th OCTOBER

01:30-03:30 Session 2

Chairmen

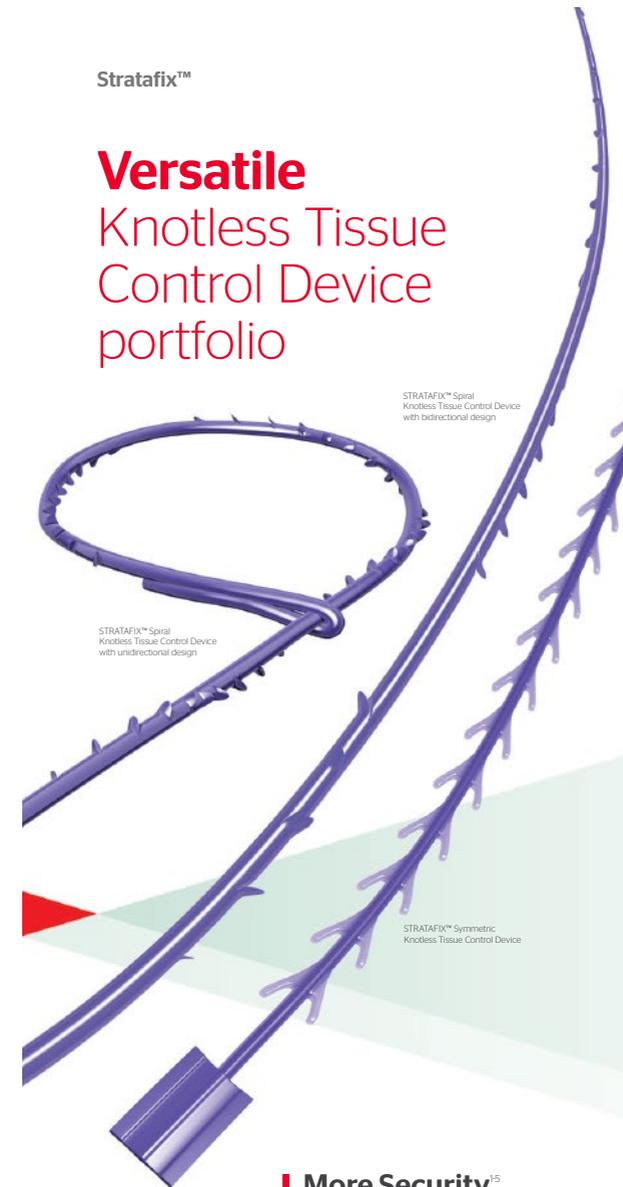
Moataz Basha, Osama Taha, Hany Shehab, Faheem Bassiony, Mohamed Hakky

01:30-01:42	SADIS Metabolic Surgery Ain Shams University Experience	Alaa abbass Mostafa
01:42-01:56	Stomach reconstruction RYGB into Sleeve	Konard Karcz
01:56-02:08	Closed loop bowel obstruction caused by intraluminal bleeding at jejuno-jejunal anastomosis post roux-en-y gastric bypass	Biborka Bereczky
02:08-02:20	Revision of post VBG strictures for dysphagia and weight loss to Roux en Y gastric bypass	Sherif Hakky
02:20-02:32	Excessive weight loss after OAGB: Surgical Options	Nasser Sakran
02:32-02:46	OAGB/MGB as a revisional procedure	Moataz Basha
02:46-02:58	Results of OAGB-MGB as secondary procedure?	Chatan Parmar
02:58-03:10	Handling difficult situation in Redo surgery	Osama Taha
03:10-03:22	Endoscopic Management of bariatric complications	Hany Shehab
03:22-03:30	Discussion	

03:30-04:00 Industrial Exhibition Coffee Break

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SUNDAY, OCTOBER 6th, 2019

Honorary Chair: Professor Khaled Gawdat (Egypt)
Co-Founder IBC/Symposium Director: Mr. Haris Khwaja (UK)
Symposium Director: Dr. Hayssam Fawal (Lebanon)
Symposium Director: Mr. Chetan Parmar (UK)

16:00–16:05 **WELCOME**

Professor Khaled Gawdat (Ain Shams University Hospital, Egypt)
Mr. Haris Khwaja (Christ Church, University of Oxford & Chelsea & Westminster Hospital/Imperial College, London, UK)

KEY NOTE LECTURES

Chair: Mr. Chetan Parmar (UK)
Moderator: Professor Mohey Elbanna (Egypt)

16:10–16:20 **Beyond Gut Hormones: the Sympathetic Nervous System as a New Target for the Surgical Treatment of Type 2 Diabetes Mellitus**
Dr. Luciana El-Kadre (Brazil)

16:25–16:35 **The Bariatric/Metabolic Surgery Operation Room of the 22nd Century**
Professor Salman Al-Sabah (Kuwait)

GRAND DEBATES

Session Chairs: Dr. Hayssam Fawal (Lebanon) & Mr. Sherif Hakky (UK)
(10 minutes each debater, 10 minutes cross examination from moderator and audience)

16:40–17:10 **GRAND DEBATE 1**
Debate Chair: Professor Aayed Al-Qahtani (Saudi Arabia)
'*de novo* Reflux after Laparoscopic Sleeve Gastrectomy is a Technical Complication'

Moderator: Mr. Khaled Hamdan (UAE/UK)

Dr. Patrick Noel (UAE/France) Vs Professor Mohamed El-kalaawy (UK)

17:15–17:45

GRAND DEBATE 2

Debate Chair: Professor Khaled Gawdat (Egypt)
'Banding at the time of Laparoscopic Sleeve Gastrectomy – To Do or Not to Do - that is the question'

Moderator: Professor Karl Miller (UAE/Austria)

Professor Konrad Karcz (Germany) Vs Dr. Christine Stier (Germany)

EXPERTS' FORUM

Session Chairs: Professor Mohammad Hadad (UAE) & Mr. Haris Khwaja (UK)

17:50–18:10 **Experts' Video Forum: Management of Duodeno-ileostomy Leak after SADI-S**

Presenter: Professor Francisco Campos (Mexico)
Moderators: Professor Francisco Campos (Mexico) & Professor Alaa Abbas Moustafa (Egypt)

Panel: Aayed Al-Qahtani (Saudi Arabia), Moataz Bashah (Qatar), Ahmad Bashir (Jordan), Ashraf Haddad (Jordan), Karl Miller (UAE/Austria), Christine Stier (Germany), Safwan Taha (UAE), Sherif Hakky (Egypt)

18:15–18:35 **Experts' Video Forum: The Hardship of Recovering a Patient from Liver Failure after One Anastomosis Gastric Bypass**

Presenter: Dr. Ashraf Haddad (Jordan)
Moderators: Dr. Ashraf Haddad (Jordan) & Dr. Hayssam Fawal (Lebanon)

Panel: Mohamed Abouzeid (Egypt), Mohey Elbanna (Egypt), Luciana El-Kadre (Brazil), Sherif Hakky (UK), Hasan Jalamneh (Jordan), Karl Miller (UAE/Austria), Chetan Parmar (UK), Osama Taha (Egypt)

18:40–18:50 **IBC, Oxford University & the 2020 IBC-Oxford World Congress**
Mr. Haris Khwaja (UK)

08:00-11:00 Gala Dinner In (Lake View Ball Room)

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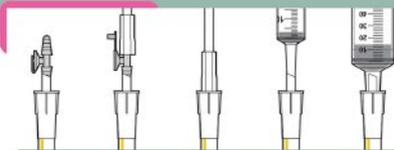
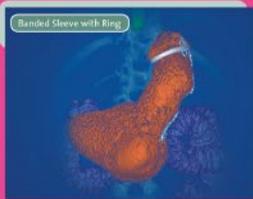
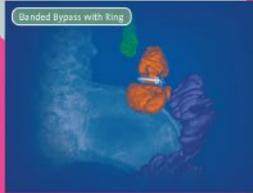
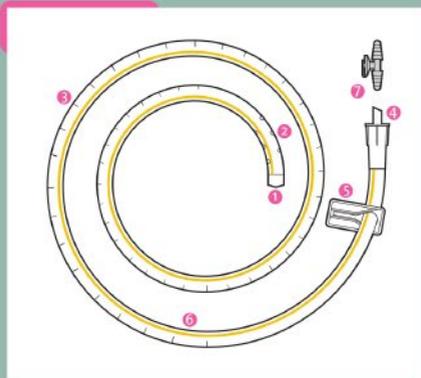
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10:00-01:00 Session 1

Chairmen

Essam Abdel Gilil, Khaled Hamdan, Khaled Katri, Mohamed Abuzeid

10:00-10:12	Butterfly Gastroplasty versus Sleeve gastrectomy in morbid obesity treatment	Essam Abdel Gilil
10:12-10:24	Routine preoperative endoscopy before bariatric surgery	Emad Abdallah
10:24-10:36	Intragastric stomach after removal of adjustable gastric band: a rare complication	Ashraf El Attar
10:36-10:48	Blind loop syndrome	Chrisntne Stier
10:48-11:00	Bikini Line Sleeve Gastrectomy : 3 years outcome	Tamer Abdelbaki
11:00-11:12	RYGB vs OAGB in patients with Type 2 Diabetes Mellitus	Sandeep Aggarwal
11:12-11:24	How common is GERD and esophagitis 10 years after Sleeve gastrectomy: Do we have regional difference?	Aayed Qahtani
11:24-11:36	Post bariatric hypoglycemia, practical insights	Randa Reda
11:36-11:48	Novel technique for management of persistent staple line leak: case report from a German center of excellence	Islam Elsayes
11:48-12:00	Managment of incidental hiatus hernia during sleeve Gastrectomy in a symptomatic patient	Kareem Sabry
12:00-12:12	Laparoscopic-Assisted Transgastric Endoscopic Retrograde Cholangiopancreatography for Management of Cholecolithiasis after Mini-Gastric Bypass Surgery	Mohamed Matar
12:12-12:24	The secret of Roux en y Gastric bypass;is it the pouch, the limbs or the stoma?	Mostafa Gamal
12:24-01:00	Discussion	

01:00-01:30 Lunch Symposium

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variations in pre-operative practices and patients' counselling Khaled Hamdan

01:30-03:30 Session 2

Chairmen

Zhiyong Dong, Safwan Taha, Wael Nabil, Osama Taha

01:30-01:42	Revisional Surgery after Sleeve Gastrectomy	Alaa Abbass
01:42-01:54	LSG in Situs Inversus; Is it any different?	Safwan Taha
01:54-02:06	Managment of Patients with Weight Regain after VBG	Mahmoud Zakaria
02:06-02:18	Antrum size, GLP1 level and glycemic control after sleeve gastrectomy in diabetic adolescents	Ashraf El Attar
02:18-02:30	Laparoscopic metabolic surgery for the treatment of type 2 diabetes in Asia: a scoping review	Zhiyong Dong
02:30-02:42	Comparison of three different methods of staple line reinforcement during laparoscopic sleeve gastrectomy	Hossam El-Ghadban
02:42-02:54	Laparoscopic assisted transversus abdominis plane block for postoperative pain control In bariatric surgery	Ahmed Saad khalil
02:54-03:06	Role of serotonin in weight gain after sleeve gastrectomy	Ahmed Sabry
03:06-03:18	Revisional Roux en y Gastric bypass surgery after previous three bariatric procedures :	Mohamed Elmanakhly
03:18-03:30	Discussion	

03:30-04:00 Industrial Exhibition Coffee Break

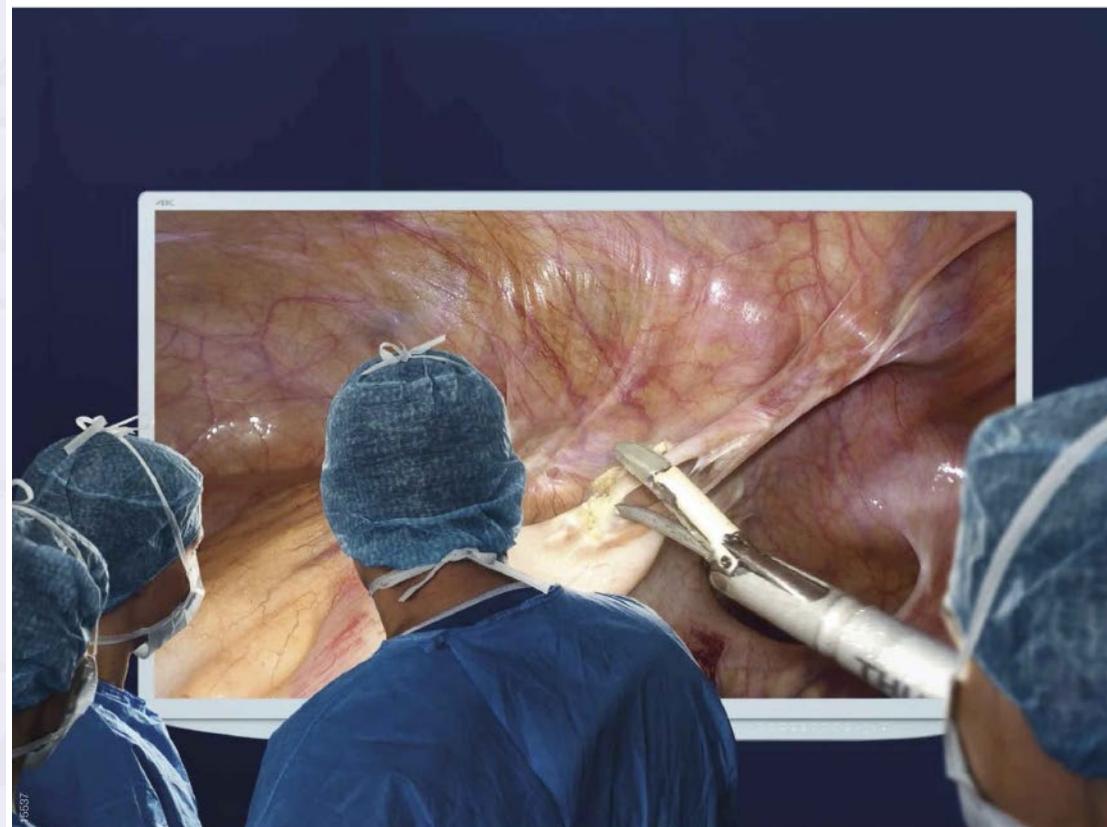
04:00-07:00 Session 3

Chairmen

Galal Abou Elnagah, Raad Al Mehdi, Mahmoud Zakaria, Ashraf El Attar

04:00-04:12	Sleeve gastrectomy & laparoscopic cholecystectomy in super super obese. How we over come Operative difficulties	Galal Abou Elnagah
04:12-04:24	VGB revision ,From Heaven to Hell . A case presentation	Wael Nabil
04:24-04:36	Nutritional Burden of OAGB	Alaa Abbass
04:36-04:48	Lap revision of "open" VGB to RYGB	Safwan A. Taha
04:48-05:00	un expected finding during Bariatric surgery	Kareem Sabry
05:00-05:12	Reflux in OAGBP vs RYGBP as redo surgeries	Osama Taha
05:12-05:24	GERD in Bariatric Surgery; Challenging Dilemma	Ahmed Talha
05:24-05:36	Lap single-stage conversion of LAGB to Sleeve gastrectomy: Short term follow up	Mohamed Sharshar
05:36-05:48	GERD and Bariatric Surgery: Latest Update	Mohey Elbanna
05:48-06:00	When the liver has enough ! Bariatric surgery and NASH. Where do we stand?	Raad Al Mehdi
06:00-06:12	Revision of gastric plication: presentation of two cases	Mohammed Hamdy Aburaya
06:12-06:24	Laparoscopic sleeve gastrectomy as a revisional procedure for failed laparoscopic gastric banding	Ayman Kamal
06:24-06:36	Methylene Blue and Gastrograffin Leak tests in Bariatric Surgery; Still of Value?	Ahmed Talha
06:36-07:00	Discussion	

07:00-08:00 Dinner in (Lakeview Ballroom)



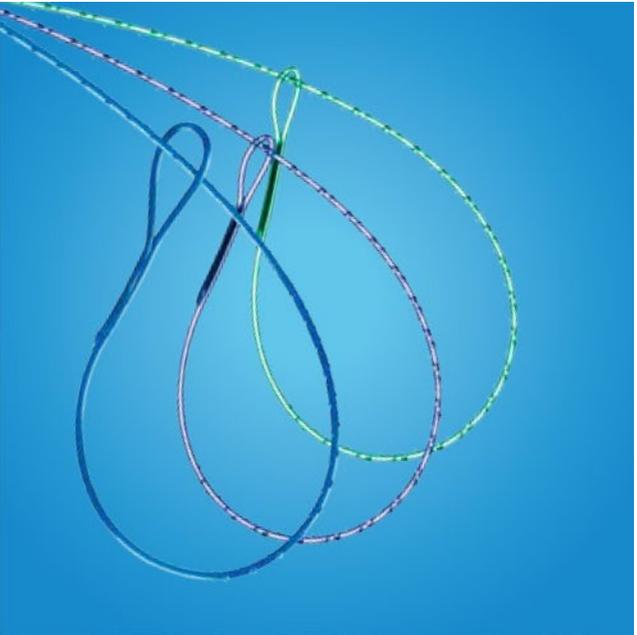
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Signia™ Stapling System

Delivering consistent staple
lines every firing^{1-4,†}



Medtronic