





## Message from the President



**Lilian Kow**President of IFSO

Dear Friends and colleagues,

Few of us will ever forget how 2020 has changed our lives. 2020 has been an extraordinary year in which we have all experienced a torrent of unexpected challenges in all aspects of our personal and professional lives.

Despite all these challenges IFSO is approaching the end of 2020 on a remarkably strong and positive position.

IFSO's financial performance has continued to perform well. Despite the unprecedented world crisis, the overall return on the IFSO investment portfolio is positive. This growth is encouraging especially during a challenging global economic performance.

Our IFSO membership has also continued to increase just making to 10,000 members and 69 national societies. We warmly welcome 3 new National Societies to the family of IFSO: Pakistan Society of Metabolic and Bariatric Surgery (PSMBS) with their President Dr Mumtaz Maher, Association of Bariatric and Metabolic Surgeons of Uzbekistan (ABMSU) with their President Prof. Oktyabr Teshaev and the Thai Society for Metabolic & Bariatric Surgery (TSMBS) with their President Dr. Sutdhachit Linananda.

Our five chapters have also continued to progress despite all the challenges:

IFSO- MENAC cancelled their March 2020 meeting in Al Khobar, Saudi Arabia, but held a successful virtual meeting in October 2020. IFSO-APC cancelled their October 2020 meeting in Colombo, Sri Lanka, but held a virtual meeting in November 2020.

IFSO-EC cancelled their annual meeting in May 2020 in Prague, Czech Republic, but organised a virtual meeting in December 2020.

IFSO-LAC congress scheduled for April 2021 will be April 2022 in Costa Rica.

ASMBS annual meeting at Obesity Week November 2020 postponed to May 2021.





# Message from the President

Our inaugural virtual IFSO world congress was held 12-13 September 2020. Whilst we were not able to meet in person, my sincere thanks to all 2100 attendees from 30 countries over the 2 days of the virtual congress. We had 8 scientific sessions, 2 sponsored symposia, networking in the coffee lounge during the break between sessions and attending the 3D virtual exhibition area to meet our sponsors. Overall, it was a good substitute to the "real meeting". For those of you who missed the meeting, the recordings of the meeting can be obtained for a small fee on www.ifsovirtualworldcongress.com/replay on our IFSO website.

In October, we learned of the sad passing of our Honorary IFSO President Professor Nicola Scopinaro after a short illness at the age of 75. He was born on March 6, 1945 in Castgneto Carducci, Tuscany Italy. Professor Nicola Scopinaro was known by many as a great surgeon and innovator, a dedicated and hard worker, a teacher and mentor to several generations of surgeons, and as one of the fathers of modern bariatric surgery. An acknowledged leader and pioneer of Bariatric Surgery, he was best known as the originator of the Biliopancreatic Diversion (the 'Scopinaro procedure') for the treatment of morbid obesity and type 2 Diabetes. With his passing, IFSO has lost one of our founding fathers and our first President of IFSO. He will always be remembered as the surgeon who changed the course of bariatric surgery and his legacy will be for all present and future bariatric surgeons to remember him. On behalf of IFSO, I would like to extend our condolences to Professor Scopinaro's family, his friend Marina Brondo, friends and colleagues. IFSO will be hosting a tribute to the late Professor Scopinaro on Dec 17th 2020 and all are welcome to attend or get the replay if unable to attend from our IFSO website.

The coronavirus COVID-19 has affected 218 countries and territories around the world. To date, 74 million affected, and more than 1.6 million deaths and our way of living has indeed changed.







# Message from the President

Who would have thought how readily we have adopted wearing facial masks to help stop the spread of COVID-19. My heartfelt condolences to all members who have personally suffered losses during this pandemic. As a new hope, vaccines are being rolled out and over the course of 2021, we hope to see the impact of the vaccine stopping the spread of the virus and hopefully we can go back to some normality that we were accustomed to. On behalf of IFSO, I would like to reach out to all our member societies and individual members to take all possible measures to provide the safest possible environment for themselves and their loved ones whilst we wait for this pandemic to pass us by.

I would like to take the opportunity to thank all members of the IFSO committees and our Chief Operating Office, Manuela Mazzarella, for their hard work and continuing support despite the chaos and uncertainty in their personal lives during the pandemic.

I would like to thank the support of the IFSO Executive Board who have helped me through my first year as President and their confidence to allow me to extend my term to serve the IFSO community for a further year. It is indeed a privilege for me to be allowed to do so.

As the year 2020 comes to an end, I would like to wish all members Happy and Safe Holidays and a Joyful Christmas with families and friends for the festive season. May 2021 bring Hope, Joy, Happiness and Good Health and everything one can wish for all our members.

Please continue to take care of yourselves, your families, your colleagues and those around you. I look forward to the day when we can meet again.

Lilian Kow

**IFSO President** 









## **IFSO VIRTUAL WORLD CONGRESS 2020**









IFSO VIRTUAL WORLD CONGRESS 2020

# 8 SESSIONS









**IFSO VIRTUAL WORLD CONGRESS 2020** 

# **2 SPONSORED SYMPOSIA**









**IFSO VIRTUAL WORLD CONGRESS 2020** 

# NETWORKING AT THE COFFEE LOUNGE









IFSO VIRTUAL WORLD CONGRESS 2020

# **3D VIRTUAL EXHIBITION AREA**









**IFSO VIRTUAL WORLD CONGRESS 2020** 

# THANKS TO OUR SPONSORS!







IFSO VIRTUAL WORLD CONGRESS 2020



# REPLAY!!!

Have you missed IFSO Virtual World Congress??

No worries: You can buy access to the Recordings!!!



www.ifsovirtualworldcongress.com/registration









1945-2020

# IT IS WITH GREAT SORROW THAT WE ANNOUNCE THE DEPARTURE OF

#### PROFESSOR NICOLA SCOPINARO

# THE SURGEON WHO CHANGED THE COURSE OF BARIATRIC SURGERY

Born in Castagneto Carducci, Tuscany, Italy, on March 6, 1945.

Graduated at the University of Genoa Medical School on July 31, 1969.

Assistant Professor of Surgery at the University of Genoa Medical School since 1971. Associate Professor since 1983. Professor of Surgery since 1992.

Originator of the operation "Biliopancreatic Diversion" for the surgical treatment of obesity and metabolic surgery, unanimously recognized as the most effective in terms of weight loss results and type 2 diabetes resolution, as well as metabolic syndrome.

More than 3,500 bariatric and metabolic surgery operations performed.

More than 500 publications (total IF: >400).

More than 700 invited lectures at national and international meetings.

Founder and Honorary President of the Italian Society of Obesity Surgery (SICOB)

First President and Honorary President of the International Federation for the Surgery of Obesity (IFSO)

First President and Current Honorary President of the IFSO European Chapter

Former Co-Editor-in-Chief of Obesity Surgery, the Official Journal of the IFSO

Honorary Fellow of the American College of Surgeons (maximum 100 living people in the world).

First Honorary Member of the American Society for Bariatric Surgery (ASMBS)

Premier Membre d'Honneur de la Société Française et Francophone de Chirurgie de l'Obésité

First Honorary Member of the Japanese Society for the Treatment of Obesity

First Honorary Member of the Greek Society for Obesity Surgery

First Honorary Member of the Turkish Society for Obesity Surgery

Membro Honorario de la Sociedad Brasileira de Cirurgia da Obesidade

Socio de Honor de la Sociedad Española de Cirugía de la Obesidad

Honorary Member of the German Society for Obesity Surgery

Honorary Member of the Austrian Society for Obesity Surgery

Honorary Member of the South African Gastroenterology SocietyHonorary Member of the Spanish Society for Obesity Surgery

Honorary Member of the Egyptian Society for Obesity Surgery

Recipient of the 2006 ASBS Foundation Outstanding Achievement Award





This is just a very short summary of his professional career and achievements, for which he will remain forever in the history of Bariatric and Metabolic Surgery.

Those who have met him, even just once, will always remember him for his personality, his intellectual generosity, his humbleness.

We wish we could report here all the thoughts and beautiful words you had for him today, but this obituary would be long as a book.

He left so many friends in any corner of the world, for the Great Human Being he was. He was a great Man, a true Professor and a Fighter. Despite the bad health conditions of the last years of his life, he never stopped travelling to attend IFSO meetings and few other meetings that he considered unmissable.

The love for surgery and for life was stronger than any obstacle that life itself confronted him with.

He has been an example of determination and passion, that we should all try to imitate.

We have all lost a legendary Giant, who refused to accept the word "impossible" and who has left a legacy of seminal achievements that have enriched all of us and thousands of patients and their families.

Even now you will be stronger than death Nicola, and will remain Alive in our hearts.

May You Rest in Peace and Give Us Strength from up above to overcome this terrible unprecedented period for all mankind.

May you, from Heaven, keep on taking pictures of us, hopefully in a better and safer world.

Lilian Kow, IFSO President & the Executive Board

Manuela Mazzarella Chief Operating Officer & IFSO Team

Mamele Monsielle

October 29th 2020









KEEP YOUR EYES ON THE STARS AND YOUR FEET ON THE GROUND

IN MEMORY OF

# NICOLA SCOPINARO

Great Man, True Professor and Fighter

**DECEMBER 17, 2020** 



## IFSO European Chapter Report



**Gerhard Prager**President of the
European Chapter

In the last few months another COVID-19 avalanche captured Europe, resulting in a second Lock-Down in almost all European countries. As a result, the planned congresses had/have to be hold virtually and bariatric/metabolic surgery was/is suspended in most European countries.

The traditional Frankfurt Meeting was for the first time virtually and so was the IFSO-EC Symposium on the 11th of December with an outstanding scientific program.

The message that our honorary president and founder of IFSO-EC/IFSO, Prof. Nicola Scopinaro, passed away, shattered the entire IFSO family.

Prof. Scopinaro's pioneer work is well recognized and the history and development of IFSO are inseperably linked with his name.

The virtual IFSO-EC Symposium on the 11th of December was in his memento as well as the "Tribute to Nicola Scopinaro" on the 17th of December!

What will we see in 2021? Hopefully, Metabolic surgery will come back to normality soon and surgeons all over the world can make up for the postponed operations...

Looking forward to see you in 2021 at the physical IFSO-EC congress in Prague

Stay safe, stay healthy!

Gerhard Prager

IFSO-EC president



Picture: Prof. Scopinaro in 2004 at the ECO in Prague, where IFSO was founded

From left to right: Prof. Nicola Scopinaro, Prof. Martin Fried





IFSO European Chapter Report

# **PAST EVENTS**



THE VERY LAST BARIATRIC EVENT OF 2020









**Kazunori Kasama,** President of Asia Pacific Chapter



Kazunori Kasama MD

#### # COUNTRIES: 13

Australia/New Zealand, China, Hong Kong, Philippines, Japan, Korea, India, Iran, Malaysia, Singapore, Sri Lanka, Taiwan, Thailand

# MEMBERS: 811









## Ongoing activities:

- Position Statement on VTE prophylaxis for Asian patients
- IFSO APC Library monthly review of publications from APC
- #1 Only English written, peer reviewed, Pubmed indexed papers are eligible.
- #2 Research topic should be about bariatric/metabolic surgery/animal experiment
- #3 Research topic from interdisciplinary health and allied health professionals are also welcome.

## New Society: Thailand

• Thai Society for Metabolic and Bariatric Surgery





Dr. Sutdhachit Linananda President



Dr. Suthep Udomswangsup Vice President











#### With 1358 Registrations!!

APC appreciates all those who registered and participated







# IFSO Asia Pacific Chapter Report

# Domestic congresses reports in APC 2020







ANZGOSA ( AU/NZ Gastric and Oephageal Surgery Association) , ANZMOSS virtual congress 2020 held on 15-16 October.





The 7th Annual Conference of CSMB was held on August 14-16 **Hybrid meeting** 



IKSMBS Annual scientific meeting. Real meeting held on 17th October





OSSICON was held on 27-29 Feb. Real meeting



Japan: JSSO JSTO joint congress was postponed to the next March 2021 as a hybrid meeting.





International congress on Obesity and Metabolic syndrome (ICOMES2020) Was on 3-5th Sep. Virtual

# Domestic congress in APC 2020 (summary)



Two countries: no response













### IFSO North American Chapter Report



**Raul Rosenthal**President of North
American Chapter

#### The ASMBS 2021 Annual Meeting

The ASMBS 2021 Annual Meeting will be held May 23rd-27th, 2021.

The ASMBS Annual Meeting is the largest gathering of surgeons and integrated health professionals practicing in the field of metabolic and bariatric surgery. Attendees can look forward to learning about the latest advances in the surgical treatment for obesity, networking with world-class faculty and industry experts and much more.

The future looks bright for the ASMBS Annual Meeting and for increasing the number of patients who could benefit from this life-saving and transformational surgery. Like & Follow the ASMBS Annual Meeting Page on Facebook for the latest information. We appreciate your continued support and hope you join us in 2021!

#### **Abstract Submission**

Submission Window **NOW OPEN**! Submit your abstract for the ASMBS 2021 Annual Meeting. The abstract submission window is open now through **January 5th.** 

**Submit Your Abstract** 





# IFSO North American Chapter Report



MARK YOUR CALENDARS FOR EXCITING UPCOMING ASMBS EDUCATIONAL EVENTS IN THE NEW YEAR!
REGISTRATION IS NOW OPEN FOR <u>Re-vision</u>: <u>The future of asmbs weekend meeting!</u> Join US,
January 29th & 30th, as we "re-vision" the future of metabolic and bariatric surgery.

VIEW THE SCHEDULE AND <u>Reserve your spot now</u>.

SUBMIT YOUR ABSTRACT FOR <u>The ASMBS 2021 ANNUAL MEETING!</u> THE ABSTRACT SUBMISSION WINDOW IS NOW OPEN THROUGH JANUARY 5TH. <u>Click Here to view the guidelines.</u> The ASMBS ANNUAL MEETING IS THE LARGEST GATHERING OF SURGEONS AND INTEGRATED HEALTH PROFESSIONALS PRACTICING IN THE FIELD OF METABOLIC AND BARIATRIC SURGERY.

PLEASE EMAIL <u>ABSTRACTS@ASMBS.ORG</u> FOR ASSISTANCE.

We wish you and your loved ones the happiest of holidays and a safe, prosperous New Year!





#### IFSO Latin American Chapter Report



**Estuardo Behrens** President of Latin American Chapter

No big changes have occurred during this period, so all our activities have been through Zoom webinars. These were the activities of our Chapter in the last two and a half months, from September 2020 to November 2020.

- 1) Our General Council WhatsApp Chat, has no changes. All the members are in permanent and fluid communication.
- 2) In our Website (<a href="http://www.ifsolac.net/">http://www.ifsolac.net/</a>) the whole list of Presidents with their emails, as always, is up to date.
- 3) IFSO LAC has decided not to attend to the Brazilian Society of Bariatric and Metabolic Surgery clinical congress this year, that it is going to take place in Sao Paulo during the first week of December and in which we always have a "one day symposium", because almost all of our countries are still in a critical situation because the pandemic, and we judged not a wise decision to take long trips to assist to this meeting, for the safety of our members. We are looking forward to attend the 2021 Congress, as we hope that the COVID 19 is going to be controlled.
- 4) The continuous medical education, for the members of IFSO LAC is, for the time being thru webinars, and we decided that the second Thursday of every month we will have a surgical theme organized by one of the countries, and the fourth Thursday of every month, we will have a clinical theme organized by the allied health care professionals.

The Scientific ZOOM webinars organized by IFSO LAC were:

- a) Multiple leaks in RYGBP (October 8th)
- b) Challenges and opportunities of psychological interventions in bariatric and metabolic surgery (October 22nd)
- c) Surgical management of weight regain after sleeve gastrectomy and RYGBP (November 12th)
- d) What to do in patients with weight regain after gastric bypass from endoscopic, nutritional and physical points of view (programmed for November 26th)





### IFSO Latin American Chapter Report

- 5) IFSO LAC also participating in every scientific virtual activity organized by every country member. The Executive Board has been very active in this issue, always supporting and encouraging to all of our members.
- 6) The Executive Board is still working hard to have an online IFSO LAC magazine, published in Spanish. The name will be REVISTA LATINOAMERICANA DE CIRUGÍA BARIÁTRICA/METABÓLICA Y CIENCIAS AFINES.
- 7) We also organized an Accreditation Committee with Dr. Natan Zundel as the president. It is very important for us to have an instrument of accreditation that can be used in Latin American countries, as we have very similar working and living conditions. Brazil and México are very active in this committee and we hope to have good news very soon.
- 8) Finally, almost all of the IFSO LAC members attended the VIRTUAL WORLD IFSO CONGRESS on September 12-13, 2020. That was a great event.

Sergio Aparicio, MD FACS Executive Director IFSO LAC saparicio@clinicalosolivos.com







# IFSO Middle East—North African Chapter Report



**Khalid Mirza Gari**President of Middle
-East North African
Chapter

# IFSO MENAC VIRTUAL CONGRESS 2020 OCTOBER 30-31

# 4 SESSIONS 2 SATELLITE SYMPOSIA 993 REGISTRANTS

SCIENTIFIC ORGANIZING COMMITTEE



KHALID MIRZA GAR



WALEED BUKHARI IFSO-MENAC





KHALED GAWDAT



ASHRAF HADDAD CHAIR SCIENTIFIC COMMITTE





ABDELRAHMAN NIMERI



HAYSSAM FAWAL

#### **VIRTUAL EXHIBITION AREA**







# IFSO Middle East—North African Chapter Report

#### **DEBATE SESSION: REVISION OF SLEEVE**





#### **TOP PAPERS**











# IFSO Middle East—North African Chapter Report

#### **BARIATRICS FOR GENERAL SURGEONS**



#### **CLINICAL CASES**



#### SATELLITE SYMPOSIA









IFSO Middle East—North African Chapter Report







# XXV IFSO World Congress







# XXV IFSO World Congress



3-7 August, 2021 | Fontainebleau, Miami, Florida

2021 Meeting Location will be held in its entirety at the Fontainebleau Miami Beach from 3-7 August 2021. Situated on oceanfront Collins Avenue in the heart of Millionaire's Row, Fontainebleau Miami Beach is one of the most historically and architecturally significant hotels on Miami Beach, Florida. Its iconic design is a spectacular blend of Miami's glamorous golden era and stylish modern luxury. A revered Miami Beach landmark for more than half a century, Morris Lapidus' emblematic curvilinear building sets a new standard for business and pleasure. The 22-acre oceanfront Miami Beach hotel features signature restaurants by award-winning chefs; two chic nightlife venues; a two-story spa, a virtually endless poolscape, miles of pristine beach and state-of theart conference and event facilities.



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# XXV IFSO World Congress

# IFSO 2021

3-7 August, 2021 | Fontainebleau, Miami, Florida

#### Simulation Center

- Endoscopy
- Laparoscopy
- Robotic













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# XXV IFSO World Congress



3-7 August, 2021 | Fontainebleau, Miami, Florida

#### **Networking Opportunities**

Opening Ceremony + Welcome Reception:
Wednesday, 4 August 2021. Opening Ceremony is
from 5:30 - 6:30pm on Wednesday evening in the
Main Plenary Hall and features welcome speech by
the president of IFSO as well as the President of LAC.
Welcome Reception follows in the Exhibit Hall from
6:30 - 8:00pm and is an exciting event for all meeting
attendees, attracting the highest attendance of all of
the evening receptions. Cash bar available and hors
d'oeuvres provided. Will consider shared sponsorship.
Opening reception is open to all attendees.

Charity Tennis: Thursday, 5 August 2021. IFSO LOVES our charity sponsors. Back hand, forehand or just giving your favorite attendee a hand, please join us at the Fontainebleau Tennis Courts for our charity tennis match/tournament.

Networking Reception: Friday, 6 August 2021 from 4:30 - 5:30pm. The final official event for IFSO 2021! Enjoy final memories of 2021 before adjourning until 2022. Cash bar available and hors d'oeuvres provided. Networking reception open to all attendees

Farewell Dinner: Friday, 6 August 2021 from 7:00pm – 10:00pm. Join fellow attendees for a fantastic dinner. Fontainebleau's premiere chefs have planned a world class dinner that will cap off a great week.







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# XXV IFSO World Congress



3-7 August, 2021 | Fontainebleau, Miami, Florida

#### Potential Exhibitor and Sponsor

Don't miss the chance to display your company's newest innovation or service; IFSO is expected to attract over 3000 bariatric surgeons and integrated health professionals in 2021. What better venue to showcase your company's products and services than a meeting attended by the key thought-leaders and decision-makers in the field of bariatrics? Do not miss the opportunity to be part of this important gathering of the bariatric and metabolic disorders community.

#### Become a Sponsor or Exhibitor

Visit www.IFSO2021.com for more information



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# XXV IFSO World Congress



3-7 August, 2021 | Fontainebleau, Miami, Florida

#### Registration Information

# Click here to Register!

#### Conference Fees

CATEGORY	EARLY BIRD FEE (UNTIL APRIL 20, 2020)	REGULAR FEE (MAY 1, 2020 - JULY 28, 2020)	ON-SITE FEE (JULY 29, 2020 - AUGUST 1, 2020)
Delegate - IFSO / ASMBS Members	\$500	\$600	\$650
Delegate - Non Member	\$750	\$700	\$750
Integrated Health	\$275	\$325	\$350
Residents and Students	\$275	\$325	\$350

#### Post Graduate Courses

COURSE NAME	CATEGORY	EARLY BIRD FEE (UNTIL APRIL 20, 2020)	REGULAR FEE (MAY 1, 2020 - JULY 28, 2020)	ON-SITE FEE (JULY 29, 2020 - AUGUST 1, 2020)
2 Day Courses	Delegate - IFSO / ASMBS Members	\$325	\$375	\$450
	Delegate - Non Member	\$375	\$425	\$475
	Integrated Health	\$200	\$240	\$300
	Residents and Students	\$300	\$275	\$350
1 Day Courses	Delegate - IFSO / ASMBS Members	\$250	\$300	\$350
	Delegate - Non Member	\$300	\$400	\$500
	Integrated Health	\$175	\$225	\$300
	Residents and Students	\$200	\$250	\$350

#### **Cancellation Policy**

All modification or cancellations must be made in the online registration system.

Cancellations made by 28 May 2021 will be refunded 80% of the registration fees.

Cancellations made by 28 June 2021 will be refunded 50% of the registration fees.

Cancellations made on or after 29 June 2021 will be non-refundable.

No refunds will be made in the event of cancelled sessions or program changes.

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# XXV IFSO World Congress



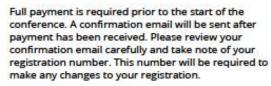
3-7 August, 2021 | Fontainebleau, Miami, Florida



#### Terms & Conditions

MeetingAdvice LLC, as the organizing agency, will not accept telephone reservations. Registrations must be completed using this Online Registration process. Once the registration process has been completed the participant will receive a reservation confirmation by email. If you do not receive the email please check your spam and junk folders. If email is not found, please contact the IFSO2021 registration team at ifso2021@meetingadvice.com.

Early registration fees must be paid prior to the deadline for early registration, otherwise your registration fee will be updated to the current fee.



All payments must be made in US Dollars and can be paid using the following methods: Credit Card Online: Registrant will be redirected to a secure banking page. Visa, Mastercard, and American Express are accepted. Any pending registration charges or fees must be made prior to entry into the conference.



MeetingAdvice has blocked rooms for the dates of the Congress. Hotel requests for dates before or after the conference are subject to hotel availability.

All rates are per room per night and do not include local or state taxes

We advise all participants to book their hotel reservations immediately after completing registration to guarantee accommodation availability.

MeetingAdvice LLC acts as organizing agency and is not responsible for loss, injury, or damage to any person or property.





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### XXV IFSO World Congress



# **CALL FOR ABSTRACTS**





You are invited to submit abstracts for original oral, poster, and video presentations on any of the congress' scientific topics. Please visit the www.ifso2021.com website to see submission rules and to submit an Abstract.

Submission Deadline: March 15, 2020

## **Abstract Topics**

Adjustable gastric banding Anaesthesia and bariatric surgery Banded procedures

Bariatric surgery in children, adolescents, and young adults

Bariatric surgery in the over 65's

Bariatric surgery tourism

Basic science and research in bariatric surgery

Cardiovascular risk and bariatric surgery

Emergent technology, New Non-standard, and bariatric surgery

Endoscopic and Percutaneous Interventional Procedures

Enhanced recovery in bariatric surgery

Physical activity, sedentary behavior, and bariatric surgery

Fertility, pregnancy, nutrition and bariatric surgery

Gastric bypass procedures including Roux-en-Y gastric bypass (RYGB) and One Anastomosis gastric bypass (OAGB)/MGB

Gastric Plication

GERD and bariatric surgery

Hernia surgery in the bariatric patient

Integrated Health

Investigational procedures

Long term results (> 10 years)

Hypo-absorptive procedures

Management of weight regain after surgery

Multidisciplinary care (Primary care, Medical Management)

NASH and bariatric surgery

Nutrition, eating behaviors before and after bariatric surgery

Perioperative management

Plastic surgery after weight loss

Post-operative complications

Behavioral health and bariatric surgery - pre and post-op challenges

Registries and Quality in Bariatric Surgery

Revisional surgery

Robotic bariatric surgery

Sleeve gastrectomy

Surgery and strategies for low BMI

Type 2 diabetes and metabolic surgery

Young IPSO session

Sureical tourism

Duodenal switch procedures, including Single-anastomosis DS

Bariatric Surgery and cancer

Impact of bariatric surgery on other surgical outcomes- transplant ortho and hernia

Should we offer surgery to patients who smoke or drink excessive alcohol?

A critical review of the need, or lack thereof, of preoperative

Bariatric Surgery in Patients with Severe Heart failure, Pre-heart Transplant and those with LVADS

Bariatric Surgery in the pediatric age group, how young should we go?

The Training of Surgeons in Bariatric Surgery. Where are we in 2020?

The recommendation and role of endoscopy before bariatric surgery

Endoscopy and surveillance after bariatric surgery

GERD and the sleeve - how to manage.

Sleeve plus

Bariatric training

Pre and post-transplantation and bariatric surgery

Sleep and bariatric surgery

Behavioral, psychosocial, and environmental predictors of bariatric surgery outcomes

Adjunctive interventions to enhance weight loss and prevent weight regain

Transplants (liver, kidney)

SADIs

Artificial intelligence

Pre and post nutritional deficiencies

Pregnancy and nutrition





#### XXV IFSO World Congress



3-7 August, 2021 | Fontainebleau, Miami, Florida

#### THANK YOU to our Sponsors

Visionary





Diamond



Gold





Other



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#### Young IFSO





Dear Young IFSO members,

It has been a tough year for all of us. Eren Taskin

President of Young **IFSO** 

Many of us have to work outside of our clinics either in ICU or Covid wards. I would like to embrace you all for the efforts and self-sacrifices that you have made during these times for the whole humanity. Especially young surgeons and training surgeons were under pressure and work load these times. As young IFSO community we will be preparing a virtual winter seminar which we have planned for the January right after Christmas. It will be a very interesting concept with some key lectures also from the world class pioneers. We will bring together the seniors and will make a great discussions with the most junior surgeons to make some controversial debates.

Furthermore we made a collaboration with the online bariatric teaching platform Barialink. The 5th year anniversary of Barialink will take place in January and one best video chosen from the young IFSO members will be able to be presented in this prestigious platform. We will make the announcement soon.

We will create our Instagram account and video library in YouTube, so we can exchange more experience and techniques in this young and dynamic platform

I wish you all a merry, happy Christmas and healthy new year ahead. Please be safe and take care in the upcoming year.

Best and warmest regards,

Eren Taskin, MD

Young IFSO president on behalf of Young IFSO executive board.





#### **OBESITY SURGERY JOURNAL**

# BESITY SURGERY

The Journal of Metabolic Surgery and Allied Care



Obesity Surgery Editor in Chief

This past year, *Obesity Surgery* witnessed the greatest number of manuscripts ever submitted. In the first 11 months of 2020 1441 **manuscripts** were submitted. Adjusted for a full year, we estimate receiving **1572 manuscripts** for the year. Despite the dramatic increase in submissions, we managed to reduce the processing time Prof. Scott A. Shikora for a submitted manuscript to the lowest ever. Time from submission to first decision (21 days), submission to final decision (47days) and submission to Acceptance (68 day), all lowest ever.

#### **HIGHLIGHTS OF THE YEAR 2020**

- Last week we had our first virtual Editorial Board Meeting 1.
- Addition of visual abstracts and key points 2.
- First time submissions from 3 countries 3.
- Introduction of an "**IFSO Best paper**" monthly competition. 4.
- 96% overall author satisfaction 5.
- 6. 70 articles published in *Obesity Surgery* are downloaded every hour
- Greatest number of published articles 644 in 2019 compared with 399 in 2016 7.
- Revamped Instruction for Authors section and upgrades to the Editorial 8. Manager web site
- There was a slight drop in the impact factor attributed to the increased 9. number of published papers. At the Board meeting we discussed options to raise the impact factor and tin particular to be more critical with paper selection for publication.
- We promoted several of our best reviewers to the Editorial Board and a few of 10. our best editors to Associate Editors

Prof. Scott Shikora



#### **OBSU-IFSO VIDEO CASE REPORTS SECTION**

#### **PUBLISH ON**







**OBSU-IFSO VIDEO CASE REPORTS SECTION** 

Share your experience, demonstrate your skills and educate others on your cases and videos.



Get acknowledged, endorsed, academically recognized and published in a peer reviewed journal.





Be selected for "Best Video of the month" and "Best Video of the year" Awards at the IFSO World Congress.



Submit your videos on:



https://www.editorialmanager.com/obsu/default.aspx





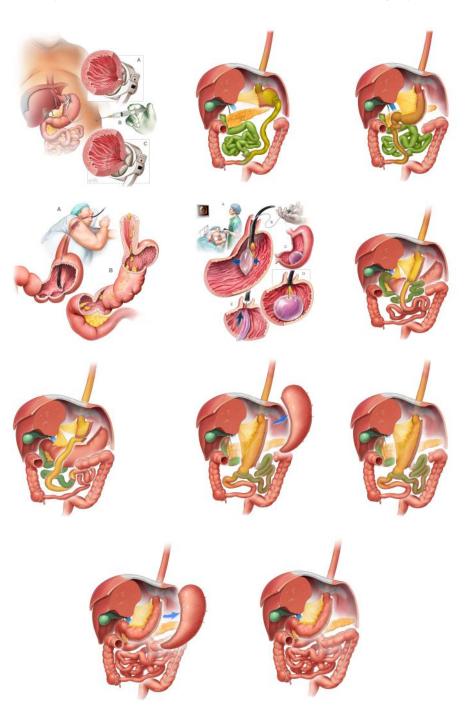


#### ATLAS OF BARIATRIC AND METABOLIC SURGERY

#### ATLAS OF BARIATRIC AND METABOLIC SURGERY

Free download for IFSO members on:

http://ifso.com/atlas-of-bariatric-and-metabolic-surgery/









#### IFSO APP: IFSO AT YOUR FINGERTIPS







Download the IFSO App on Google
Play and App Store

CLICK HERE TO DISCOVER SOME
OF THE MANY OPPORTUNITIES
OFFERED TO OUR MEMBERS BY
OUR NEW APP!







#### IFSO YOUTUBE CHANNEL



#### **IFSO YOU TUBE CHANNEL**

YOU ARE ALL INVITED TO WATCH & LIKE
OUR VIDEOS AND SUBSCRIBE





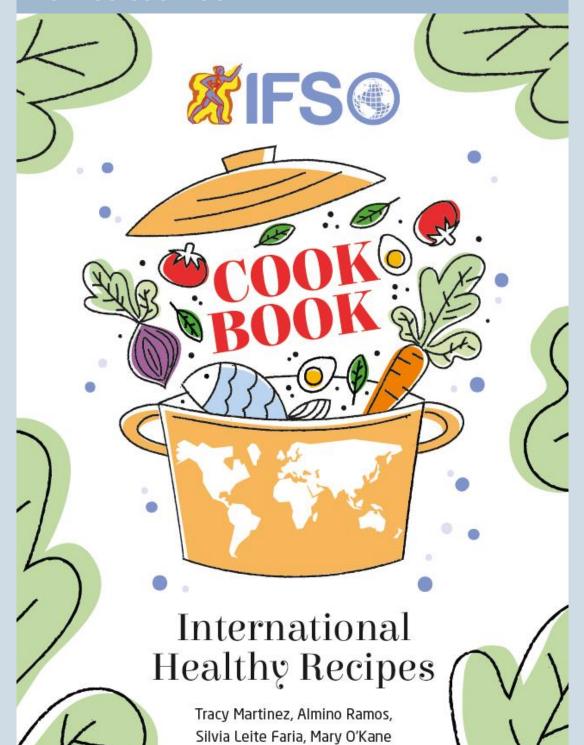
A very easy and quick way of having all our videos at your fingertips!







#### FIRST IFSO COOKBOOK



**Download here the digital copy of the IFSO Cookbook** 







#### FACEBOOK MENTORSHIP

#### MENTORSHIP ON IFSO FACEBOOK GROUP



A new mentorship programme has been added to the <a href="IFSO Facebook Group">IFSO Facebook Group</a> so that you can build skills and share knowledge with another member of our big community. Share your experience or learn valuable skills from someone in your group.

Here's how the programme works:

You sign up, match yourself with a partner and get helpful conversation starters each week so that you get to know each other better. It's up to you how much time you want to spend together and what goals you want to work towards.





#### **FACEBOOK MENTORSHIP**

Who can request a mentor?

Any group member can ask someone to mentor them when they see that person listed as a mentor. Group members can also offer to mentor people.

Who can become a mentor?

Anyone who has experience and a skill to share can offer support in the mentorship programme. Your mentor's advice is their own opinion and not that of Facebook or your admin(s). All participation is voluntary. Your mentor's advice is not meant to substitute professional advice.

- How much experience should mentors have?
   Mentors should have enough knowledge about the topic to give good advice to someone with less experience.
- How do I communicate with my partner about the mentorship?
   Once you've been paired with someone, you'll be connected in Messenger and in a one-to-one mentorship programme.

https://www.facebook.com/fbmentorship/signup/?
application\_id=361289281399793







#### IFSO JOB BOARD



## IFSO JOB BOARD

Have you got a job/fellowship to offer in the field of Bariatric and Metabolic Surgery and Integrated Health?

We help you find a Job/Fellowship or the right person to do the Job!

Please send it to info@ifso.com

Log in on www.ifso.com and visit our IFSO JOB BOARD

THANK YOU!





#### **IFSO Endorsement**



Endorsement requests must be sent to IFSO Secretariat (<u>info@ifso.com</u>) together with the scientific program of the Course and the Application form.

IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

"Endorsement" does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

#### **Benefits:**

Endorsed events will be:

- listed on IFSO's Website on the "Endorsed meetings" page, with a link to the congress website
- included on IFSO's E-newsletter
- E-mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO's Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: "Endorsed by" before the logo of IFSO.

For more info please visit our website on: <a href="https://www.ifso.com/endorsement/">https://www.ifso.com/endorsement/</a>







#### **Endorsement of Webinars**

#### IFSO ENDORSEMENT OF WEBINARS

Endorsement requests must be sent to <u>IFSO Secretariat</u> together with the scientific program of the Webinar. IFSO-Communication Committee will carefully review the concepts and objectives of the Webinar as well as the faculty, the structure and content of the Webinar, in deciding about the endorsement.

"Endorsement" does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

If you think your Webinar fulfils the above mentioned requirements, please send your request to <a href="mailto:info@ifso.com">info@ifso.com</a> by filling the application form together with a PDF file of the scientific program.

After the approval of the Communication Committee you will receive further instructions about the payment of the endorsement fee.

Fees

INDIVIDUALS: \$100,00

CORPORATE: \$500,00

**Download application form** 

More info on the IFSO website





#### **Endorsement of Survey**

# IFSO ENDORSEMENT AND DISTRIBUTION OF SURVEYS

IFSO can assist its members who would like help with the content and / or distribution of surveys to the broader membership of IFSO. This is in keeping with the mission of IFSO:

TO UNIFY THE GLOBAL SCIENTIFIC, SURGICAL AND INTEGRATED HEALTH COMMUNITIES, FOR THE PURPOSE OF DISSEMINATION OF KNOWLEDGE, COLLABORATION AND ESTABLISHING UNIVERSAL STANDARDS OF CARE FOR THE TREATMENT OF INDIVIDUALS WITH ADIPOSITY-BASED CHRONIC DISEASE.

IFSO can assist by reviewing the content, suggesting changes and distributing materials (e.g. background to the survey, letters of invitation, questionnaires) to its members. However, IFSO will not be responsible for the follow up of responses, response rate, nor for the collection/analysis of responses/data. The surveys and their analyses will be the sole responsibility of the issuing member.

However, IFSO has a responsibility to ensure that the purpose of the survey is relevant and that the internal validity of the methodology is sound and of a high standard. Accordingly, absolute criteria have been developed to ensure that these requirements are met.

Distributing the survey will be pending review and approval of IFSO scientific committee.

Detailed info about the application guidelines are available <a href="here">here</a>
Download here <a href="here">Application Form</a>





#### IFSO Endorsed meetings/webinars



**E-BARI Debate:** "Bariatric Surgery in an Ambulatory Care Setting"



Tuesday, January 26 16:00 -17:30 CET





Johnson & Johnson **Institute Webinar E-BARI Debate January: Bariatric Surgery in an Ambulatory Care Setting** 

Tuesday, January 26 16:00 -17:30 CET Download programme

Register here

#### **BARIAlink online course:**

January 21, 2021 Join the course Click here for more info





#### BARIAlink

JOIN THE NEXT **BARIALINK ACADEMY** VIRTUAL CLASSROOM January 2021

17.00 - 19.00

https://us02web.zoom.us/j/82162901230



Five good reasons why we should abandon the old "Bariatric" label and replace it with the "Metabolic" instead" December 16 at 9-11 am Central Time 4-6 pm Central Europe Time





#### IFSO Endorsed meetings/webinars





#### Johnson & Johnson Institute Webinar

E-BARI Debate November: Revisional Bariatric Surgery Tuesday, December 3 - 5, 2020 16:00 -17:30 CET

## POSTPONED TO THE SECOND SEMESTER OF 2021

XXI Brazilian Congress of Bariatric and Metabolic Surgery December 3-5, 2020 São Paulo, Brazil





#### **ESBS 2020 Online Conference**

November 28-29, 2020

#### 11<sup>TH</sup> FRANKFURTER MEETING 2020

November 19-20, 2020 Frankfurt am Main (Germany)







#### IFSO Endorsed meetings/webinars

#### **BARIAlink online course:**

19/11/2020





#### Webinar

E-BARI Debate November: Safety of Metabolic Surgery during COVID/Pandemic







#### Johnson / Johnson Institute Webinar

E-BARI Debate November: Safety of Metabolic Surgery during COVID/Pandemic Tuesday, November 10





**WOF SCOPE SCHOOL Global and 2nd UAE Obesity Conference** (UOC) Joint Conference

October 22nd-24th and November 26-28th

# **UAE Obesity Conference**

VIRTUAL CONFERENCE WOF SCOPE School: October 22nd-24th 2020 &

2nd UOC: November 26th-28th 2020 ONE REGISTRATION ACCESS TO TWO EVENTS

www.nuoc-conference.com



#### e-BEST CONGRESS « TIPS AND TRICKS IN BARIATRIC SURGERY»

MORE THAN 48 BARIATRIC EXPERTS FROM 20 COUNTRIES WILL SHARE WITH YOU THEIR EXPERIENCE ABOUT SLEEVE, NISSEN SLEEVE, ROUX AND Y GASTRIC BYPASS, BANDED BYPASS, OMEGA BYPASS, SADI, SASI, BARIACLIP, DUODENAL SWITCH....E

24 HOURS OF LIVE BARIATRIC SURGERY ELEARNING

OCTOBER 16-17th, 2020

**E-BEST CONGRESS: Tips and Tricks in Bariatric Surgery** 

October 16-17, 2020

**ANZMOSS - ANZGOSA 2020 Virtual** Conference

October 15-16, 2020







#### IFSO Endorsed meetings/webinars



E-BARI Debate October SADI-S

Johnson / Johnson Institute Webinar

**E-BARI Debate October SADI-S** 

Tuesday, October 13 at 16:00 -17:30 Central Europe Time

Advanced Skills in Bariatric/ **Metabolic Surgery** 

October 4-6, 2020

3rd Advanced Bariatric/ **Metabolic Postgraduate Course** October 7-30, 2020

4th Advanced Bariatric/ **Metabolic Postgraduate Course** 

November 2-27, 2020





**Online Bariatric Nutrition Course** 

October 3rd - December 5th, 2020

Johnson / Johnson Institute Webinar

**E-BARI Debate September OAGB-MGB** 

Monday, September 14 16:00 -17:30 **CET** 













**ICOMES 2020** 

September 3-5, 2020





#### **EDITING SERVICES for IFSO Members**



#### Manuscript Preparation Services by US PhDs

- English Language Editing
- Manuscript Formatting
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Ensuring accuracy with a round of revision.

Answering an unlimited number of questions about our work on your poster.

#### **VIDEO - 10%**

An animated Video can help drive a global audience to your article. The Video Abstract service includes:

A 1-2 minute animated video explaining the key findings from your paper A Powerpoint slide deck of images from the video to use in presentations Your video posted on our YouTube and Vimeo channels and tagged with keywords, short title, description, and article link to make your video more discoverable An author checklist with tips and resources to help you maximize the reach of your video.

For more information on these and other services offered by AJE, please visit <a href="www.aje.com">www.aje.com</a> and insert the **discount code IFSO20 or IFSO10** to take advantage of this special offer to IFSO Members.





## WHY JOIN **#IFS**

- -Discounted registration fee to IFSO Congresses and IFSO endorsed meetings
- -Free online subscription to the following journals:
- ✓ Obesity Surgery
- ✓ Surgical Endoscopy
- ✓ World Journal of Surgery
- ✓ BMC Obesity
- ✓ BMC Nutrition & Metabolism
- √ BMC Journal of Eating Disorder
- ✓ BMC Diabetology & Metabolic Syndrome
- ✓ Journal of Diabetes and Metabolic Disorders
- ✓ Eating and Weight Disorders
- -IFSO Global Registry free data submission and publication on annual report
- -Free access to IFSO Virtual Academy:
- ✓ Monthly Webinar (recorded and archived)
- ✓ Monthly Journal Club (recorded and archived)
- ✓ IFSO Video Library (recorded lectures)
- -Free download Atlas of bariatric procedures
- -Free download Cookbook
- -Access to the section of Obesity Surgery dedicated to Video Case Reports (VCR)
- -Eligibility to get IFSO's endorsement for your event
- -Eligibility to win IFSO Scholarships for surgeons and I.H. members to attend IFSO World Congress (2,500 USD\$ each) and Chapters' meetings
- -Special discounted fee for editing services for your articles and abstracts
- -Job Board to find and offer jobs worldwide
- -Quarterly E-Newsletters
- -Eligibility to join IFSO Facebook Group
- -Eligibility to join YOUNG IFSO Group (<40 years)
- -Membership in the biggest professional global Community in the field of Obesity and Metabolic Surgery

#### ....and much more!

#### Annual Membership Fees 2021 (January through December)

- Regular Member: 80,00 US \$ (online journals)
- Regular Member: 150,00 US\$ (online journals + print Obesity Surgery)
- Integrated Health: 20,00 US \$ (no journal)

### NEW! LOW INCOME AND LOW-MIDDLE INCOME COUNTRIES WILL BENEFIT OF A SPECIAL DISCOUNTED FEE!!

**Ask your National Society and join IFSO now!** 

Find your local Society on: <a href="http://www.ifso.com/ifso-member-societies">http://www.ifso.com/ifso-member-societies</a>

If you live in a country where there is no national society of bariatric surgery you can apply as INDIVIDUAL on: <a href="http://www.ifso.com/join-ifso/">http://www.ifso.com/join-ifso/</a>







#### **ONLINE JOURNALS**

IFSO offers all its regular members FREE
ONLINE ACCESS to 9 JOURNALS.
Login on <a href="www.ifso.com">www.ifso.com</a> with your credentials.
Click on the button OBESITY SURGERY
JOURNAL in your membership area and get access to the Springer platform, from where you can search for the single journals.







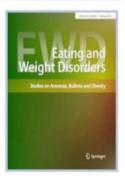
















#### IFSO Corporate Partners

#### PLATINUM CORPORATE PARTNERS



## **Medtronic**

#### **GOLD CORPORATE PARTNERS**





#### SILVER CORPORATE PARTNERS



If your Company is interested in being a member of IFSO Corporate Committee, please fill in the enclosed Corporate Committee Form and return it to: secretariat@ifso.com

More info available on: <a href="https://www.ifso.com/ifso-corporate-committee/">https://www.ifso.com/ifso-corporate-committee/</a>





#### ABOUT US



5 CHAPTERS

# 69 NATIONAL SOCIETIES 10.000 MEMBERS

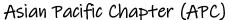




European Chapter (EC)

Latin American Chapter (LAC)







North American Chapter (NAC)



Middle East North Africa Chapter (MENAC)







#### IFSO Social Media



TO BE INFORMED ABOUT ALL IFSO EVENTS & ACTIVITIES

FOLLOW US ON SOCIAL MEDIA BY CLICKING HERE:









YOU TUDE CHANNEL





## Pic of the Month

