



Message from the President



Dear Members of IFSO,

Jacques Himpens
President of IFSO

the third month of the new year is already coming to an end. The New Year's resolutions and good wishes for peace and prosperity are long gone. The world politics have not changed, wars are still being fought across the world, and senseless killings continue to

happen. Feuds and fights occur every day, everywhere. Societies and organizations unfortunately do not escape from this reality.

IFSO, as a Federation of Societies, is the common denominator of the Societies from all-over the world that aim for the wellbeing of patients suffering from adiposity. It is the common denominator, the unifier.

IFSO does not strive for financial profit and its bylaws are such that individuals with an official position within the organization cannot cling to power.

IFSO world is at your service to facilitate the task of the national Societies as well as the Chapters and to harmonize the interaction and cooperation between them.

But we cannot help without your input.

As you know, IFSO has a professional administrative staff that is fully at your disposal to deal with organizational and communicative issues. Manuela and Stefanie are extremely motivated and ready to answer your questions and to react to your messages.

At this day and age the new means of communications such as e-mail, Facebook, Twitter etc. help us all in getting our message across at the speed of light. Consequently, if you have remarks or objections of any kind related to the functioning of IFSO you can let us know in real time.

I encourage you to speak up, to use the numerous channels that are at your disposal, and help us make IFSO a dynamic and truly democratic Federation of Societies.





Message from the President

In another domain, you are not without knowing that one of my goals for IFSO is to continue and, if possible, to enhance the international Registry.

Later this year, at the world congress in Dubai, the fourth international IFSO Registry, representing data on 1/3 million records from 50 countries will be presented.

I thank the national Societies, and, for some non-participating countries, the individual surgeons who have participated to this important task.

I understand there are local, national and cultural differences in laws and customs that may hamper the success of the endeavour. It is to address these issues that a data collection committee was created. In addition, to ensure the impartiality and the bias-free character of data collection, a Data Protection Committee has now been established as well. I think the instruments have thus been set up to guarantee patients' privacy rights and at the same time to make the registry scientifically more robust.

The instruments are there, you must just be willing to use them.

The world is changing at an ever-accelerating pace, and the medical world is no exception.

New drugs, procedures and treatment modes emerge every day, including in the field of adiposity based chronic diseases. What is common practice in one part of the world may still be unusual in another. One particular metabolic-bariatric procedure may flourish in one continent and be discarded in another.

A reliable and transparent registry informs us, without bias, about what is truly going on in the world of adiposity treatment and allows us to compare our practice with the experience of others across the planet.

The bottom line is our desire to help our patients benefit from the knowledge of a large community of professionals dedicated to the care of the patient suffering from obesity.

This is one good reason why we must share our clinical experience in all honesty and thus work towards accomplishing IFSO's mission.

Sincerely,

Jacques Himpens, IFSO President









Report from the European Chapter

Michel Suter
President of
European Chapter

The Executive Board of the Chapter, its scientific committee and the local organization committee have finalized the program of the forthcoming biennial IFSO-EC Congress that will take place in **Athens May 17-19th**.

The <u>program</u> will include plenary sessions with formal presentations and discussions about most of the current "hot" topics in our specialty, as well as paper and video sessions for presentations from a large selection of the numerous abstracts received.

Posters will be displayed and some videos not selected for formal presentation will be visible in the exhibition hall.







One of the highlight of this congress will be two sessions jointly organized by **IFSO-EC and EASO** on two important topics:

- 1. How to build an effective and safe clinical pathway for bariatric surgery patients?
- 2. How to tackle specific bariatric problems: clinical cases.

These joint sessions between surgeons and obesity specialists from other fields will once more provide an opportunity for exchange between our societies and hopefully also help improve patient care and follow-up across specialties.

We are proud to announce that our negotiations with our medical partners have resulted in the common decision between IFSO-EC and EASO to repeat the great experience we had in 2016 in Gothenburg: a common IFSO-EC-EASO (European Obesity Summit) congress will again be organized in 2022. The bidding process for the organization of this event will begin soon after Athens, and the decision about the location should be made before the end of this year. This will allow ample time to carefully plan the congress. Both societies will put their efforts together to build up a solid common scientific program that should be attractive for everyone involved in the treatment of obesity, with both common sessions and sessions dedicated more to one or the other side. The most important thing is that it will once more be a platform for in-depth exchanges between surgeons and non-surgeons dealing with obesity, form basic scientists to purely clinicians.

Next year's **IFSO-EC Symposium** with be organized **in Lyon** jointly with the **NONINVA symposium April 25-27th 2019**. Jerome Dargent will be the President of the Symposium, and our scientific committee will once more do its best to build up an attractive program. Lyon in spring is a beautiful city that is likely to attract numerous participants. As has become a tradition, one or two IFSO-EC-EASO joint sessions will be organized during this symposium, and repeated during the EASO congress in Glasgow.

Prof. Michel Suter

IFSO-EC President





After the success of the IFSO European Chapter Symposium which was held last year in Naples, Italy, IFSO-EC's Scientific Committee and Executive Board are preparing for you next biennial IFSO-EC congress that will be held in **Athens May 17 – 19, 2018.**



8th IFSO-EC Congress is being prepared in cooperation with local organizing committee under the presidency of Dr. Harry Pappis, and together we all work hard on ensuring rich scientific programme and activities that will attract renowned professionals from the field all over the world.

The application to EACCME® for CME accreditation of this event has been made.





PROGRAMME AT A GLANCE

TIME	NIKOS SKALKOTAS HALL	MC2	MC3			
	WED	NESDAY, MAY 16TH	1.			
			SCOPE SCHOOL			
18:00	Exhibition and Registration Opening					
19:00	WELCOME RECEPTION					
THURSDAY, MAY 17 [™]						
09:00 - 09:45						
09:45 - 10:30	OPENING SESSION NAFLD/NASH	ORAL COMMUNICATION: Surgical Complications	ORAL COMMUNICATION: Metabolic Mechanisms of Surgeries			
10:30 - 11:00	COFFEE BREAK					
11:00 - 12:30	BARIATRIC SURGERY AT THE EXTREMES	GREEK SESSION: Surgical treatment of diabetes type II Multidisciplinary approach	ORAL COMMUNICATION:			
12:30 - 14:30	LUNCH BREAK & INDUSTRY SYMPOSIUM					
14:30 - 16:00	DEBATE: WHICH BYPASS IS BETTER	SURGERY OF DIABETES: A New Era	ORAL COMMUNICATION: Sleeve RYGB, OAGB, BPD, SADI			
16:00 - 16:30	COFFEE BREAK					
16:30 - 18:00	REVISIONAL SLEEVE GASTRECTOMY	YOUNG IFSO	ORAL COMMUNICATION: Metabolic Effects of Surgeries			
18:00 - 19:30	OPENING CEREMONY IFSO-EC PRESENTATION AND AWARDS					
	FR	IDAY, MAY 18 TH				
09:00 - 10:30	MECHANISMS UNDERLYING BENEFICIAL EFFECTS	ORAL COMMUNICATION: Miscellaneous	ORAL COMMUNICATION: Revisional surgeries			
10:30 - 11:00	COFFEE BREAK					
11:00 - 12:30	EASO/IFSO-EC Joint Session HOW TO BUILD AN EFFECTIVE AND SAFE CLINICAL PATHWAY FOR BARIATRIC SURGERY PATIENTS	ORAL COMMUNICATION: Sleeve gastrectomy	ENDOLUMINAL & INNOVATIVE PROCEDURES, INCL. ROBOTICS			
12:30 - 14:30	LUNCH BREAK & INDUSTRY SYMPOSIUM					
14:30 - 16:00	EASO/IFSO-EC Joint Session HOW TO TACKLE SPECIFIC BARIAT- RIC PROBLEMS: CLINICAL CASES	METABOLIC EFFECTS OF SURGERY: CAN WE DISTINGUISH BETWEEN PROCEDURES?	VIDEO SESSION: Interesting Cases & Conversions			
16:00 - 16:30	COFFEE BREAK					
16:30 - 17:30	LONG-TERM TREATMENT OUTCOMES (>10y)	ORAL COMMUNICATION: Miscellaneous	VIDEO SESSION: Redo Cases			
17:30 - 18:30	GENERAL COUNCIL.					
20:00		CONGRESS DINNER				
	SAT	URDAY, MAY 19™				
09:00 - 11:00	DEBATE: Band, sleeve or bypass	ORAL COMMUNICATION: Integrated Health	ORAL COMMUNICATION: Multidisciplinary			
11:00 - 11:30	COFFEE BREAK					
11:30 - 13:00	METABOLIC SURGERY FOR T2DM BMI < 35	BEST ABSTRACT SESSION	ORAL COMMUNICATION: Allied Health			
	100 to 10		AND CONTRACTOR OF THE PROPERTY			



FACULTY

Edo Aarts (The Netherlands)

Konstantinos Albanopoulos (Greece)

Luigi Angrisani (Italy)

Rachel Batterham (United Kingdom)

Frits Berends (The Netherlands)

Johanna Brix (Austria)

Roel Bolckmans (Belgium)

Marco Bueter (Switzerland)

Luca Busetto

Jean-Marc Chevallier (France)

Catalin Copaescu (Romania)

Dror Dicker (Israel)

Pierre Fournier (Switzerland)

Martin Fried (Czech Republic)

Antonio Iannelli

(France)

Stelios Kapiris (Greece)

Alexander Kokkinos (Greece)

Carel Le Roux (United Kingdom)

John Melissas (Greece)

Fausta Micanti (Italy)

David Nocca (France)

Torsten Olbers (Sweden)

Emanuel Papadakis (Greece)

Harry Pappis (Greece)

Francois Pattou (France)

Ralph Peterli (Switzerland)

Dimitri Pournaras (Greece/ United Kingdom)

Gerhard Prager (Austria)

Andrea Pucci

(United Kingdom)

Nasser Sakran (Israel)

Paulina Salminen (Finland)

Scott Shikora (USA)

George Skroubis (Greece)

Michel Suter (Switzerland)

Philippe Topart (France)

Nuria Vilarrasa (Spain)

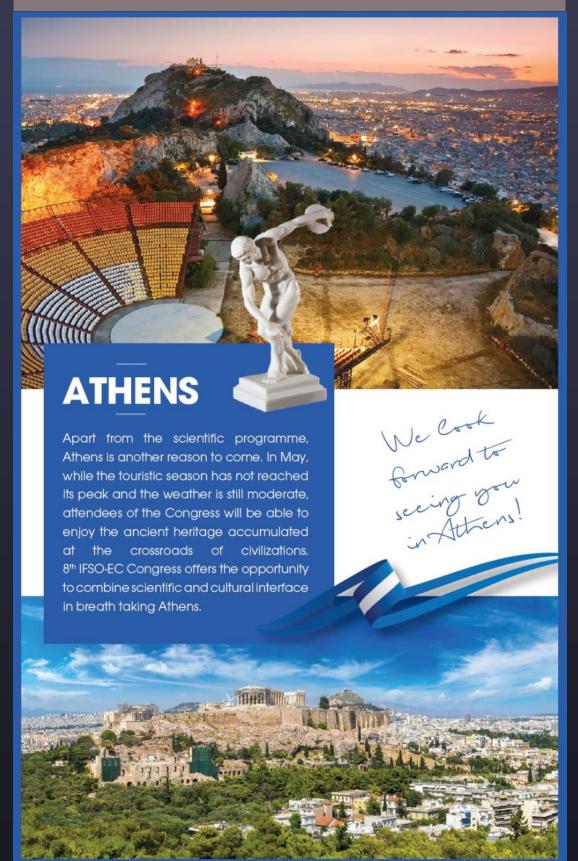
Richard Welbourn (United Kingdom)

Dimitris Zacharoulis (Greece)















John MortonPresident of North
American Chapter



June 14 – 16, 2018 New York, NY

ASMBS Weekend is a must-attend clinical symposium for surgeons and members of the bariatric team. This intimate meeting balances **self-care**, **career advancement and networking opportunities**.

On Thursday, June 14th, the **North American Chapter course** will tackle the needs and latest updates in the field of bariatric surgery andendoscopic interventions. This course will be under the direction of NAC President John Morton.

This year, ASMBS Weekend will include abstract sessions dedicated to the latest technology and advancement in the field of obesity.

Throughout this intimate conference, attendees will have the opportunity to earn over **15 CME, MOC** and **CE educational hours**.

There is limited space remaining, register and reserve your room today. Click here to register.

To view the full comprehensive schedule, please visit: asmbsweekend.com

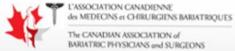






5th Annual Obesity Conference

3rd International Consensus Conference on Duodenal Switch





REGISTER TODAY!

Canadian Obesity Weekend is a joint Conference of the Canadian Association of Bariatric Physicians and Surgeons (CABPS) and the International Consensus Conference on Duodenal Switch. The conference will convene on May 17-19, 2018 at Palais des Congrès de Montréal in Montreal, Quebec. This bariatric conference will include a Pre-Conference Workshop on Duodenal Switch (ICCDS). Through the use of riveting, thought-provoking topics, live surgeries, and dynamic and engaging international and Canadian speakers, it is designed to hold your attention and stimulate your mind. You can't afford to miss it!

VIEW THE CONFERERENCE PROGRAM

<u>Click here</u> to view the **Program-at-a-Glance** for the Pre-Conference Workshop and the Conference.





ObesityWeek2018

November 11-15, 2018 Nashville, TN.



Join more than 5,000 health professionals and experience the future of obesity treatment and prevention at besityWeek 2018 in Nashville, TN, Nov. 11 - 15. ObesityWeek offers hundreds of opportunities, including the ability to advance your career with high-quality continuing education.

Visit obesityweek.com for additional information in the upcoming months.







ObesityWeek 2017

ObesityWeek 2017 was a success! ObesityWeek hosted over 5,000 attendees. ASMBS received a record number of abstract submissions, including over 40 Portuguese Abstracts.

ASMBS held a multitude of joint sessions with other medical societies, including International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Americas Hernia Society (AHS), Association for Bariatric Endoscopy (ABE), and more.

We are preparing to make ObesityWeek 2018 better than ever. Save the date, ObesityWeek will be held in Nashville, TN from Nov. 11-15, 2018.

International Reception

The International Reception provided opportunities for our international colleagues to network and to present prestigious awards.



IFSO Past President Kelvin Higa and Michel Gagner spent time with fellow attendees at the International Reception.



IFSO Immediate Past President Kelvin Higa (far left), IFSO Senior Past President Natan Zundel (far right) congratulate Yan Y. Gu (left) and Stephan Axer (right) on their International Award.







Ricardo CohenPresident of Latin
American Chapter

It is my pleasure to report what have happened in our Chapter in the last 5 months, from October 2017 to February 2018.

We had several communications with our member societies, more of them through our Whatsapp CHAT IFSO LAC as it has been more effective and faster than electronic mails. The new Presidents of our Member Societies are now very well connected with us, we maintain

a good communication with both, the Past and the new Presidents to move forward in the development of our Chapter. The only change that happened is in Costa Rica. Our good friend Jorge Esmeral transmitted the Presidency to Ariel Rivera, a very enthusiast Bariatric Surgeon. Thank you Jorge Esmeral for all your support in these last 2 years. This report is short, because our Chapter activities were developed in the first 9 months of 2017, a great year. We expect that 2018 will be great because several of our Member Societies are preparing some local and National Bariatric and Metabolic Surgery meetings, and they want us to be an active part of their meetings.

Several International Bariatric and Metabolic Surgery meetings, symposia and courses took place. IFSO LAC participated in many. In October 2017 the **Brasilian** Society for Bariatric and Metabolic Surgery (SBCBM) celebrated their XVIII Congresso Brasileiro de Cirurgia Bariatrica e Metabolica in the beautiful city of Florianopolis. From October 4th to 7th 2017.

IFSO LAC participated actively in this meeting, and developed a Bariatric and Metabolic symposium with a very well attended audience.









A full audience was present. Seven IFSO LAC Member Societies participated.



Dr. Sergio Aparicio from Bolivia shared this picture with $$\operatorname{IFSO}\:LAC$$







Keynote Lecture by Prof. Antonio Torres from Spain.

The next participation of IFSO LAC was during "Obesity Week 2017" held in Washington DC from October 29th to November 2nd 2017. Our Chapter had a very important participation in this meeting, under the leadership of the Brazilian Society of Bariatric and Metabolic Surgery (SBCBM) and Natan Zundel. The session was called Latinamerican Video-Social.



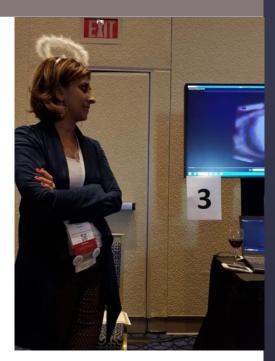


Latinamerican Video-Social. Videos, Wine and Snacks.





Beautiful Marina Kurian MD FACS FASMBS directed one of the Video stations. Her beauty and her gorgeous presence gave this session an exceptional touch.







This Latinamerican Video-Social format consists of several Video Stations, with Short Video presentations of 7 minutes, finishing with open discussion.

During the session it was served fine wines, sodas and snacks. It was a successful gathering.









Other special moment during the ObesityWeek 2017 for Latinamerican was the ASMBS FOUNDATION LEAD AWARDS. This time the Society gave to Natan Zundel MD FACS FASMBS, the MASTER EDUCATOR AWARD. Congratulations Natan, we are very proud of you.



Dr. Zundel giving his touching and inspirational

Family and friends sharing with Natan his Award.







From November 16th. to 18th. 2017 in the beautiful city of Guadalajara, Mexico, Dr. Nelson Rodriguez, President of the Colegio Mexicano de Cirugia de Obesidad y Enfermedades Metabolicas (CMCOEM) and his team organized the Meeting MEJORES PRACTICAS EN CIRUGIA EN CIRUGIA BARIATRICA. It was a very well attended meeting, with the participation of several International and National Speakers. Dr. Rodriguez is a young and very enthusiastic Bariatric and Metabolic Surgeon. This event was attended by Bariatric Surgeons and Allied Health professionals. The CMCOEM is organizing several meetings for the next 2 years.



Dr. Nelson Rodriguez (President CMCOEM) Dr. Estuardo Behrens (Executive Director IFSO LAC) and Dr. Miguel Herrera (President-elect CMCOEM)

Last but not least, from February 22nd. To 24th. the CMCOEM developed the 2nd. National Metabolic Surgery Congress in the BIG CITY of Mexico, at the auditorium of the Hospital Angeles del Pedregal. There were over 600 hundred attendees were present and Faculty was represented by several of the International leaders of Metabolic Surgery of the world.



Dinner with the Faculty of the 2nd. National Metabolic Surgery CMCOEM







Dr. Rafael Alvarez-Cordero Past-President CMCOEM

Dr. Ricardo Cohen President IFSO LAC



Dr. Salvador Navarrete President of the Venezuelan Society



Samer Mattar MD FACS ASMBS President



Carlos Zerweck MD President Scientific

Dr. Mattar, Dr. Behrens and Dr. Marcos Berry from Chile







Very well, Mr. President!

This is all that has happened in our Chapter in the last 5 months.

I will keep you posted for the next meetings.

Thank you for your kind attention,

Sincerely yours,

Estuardo J. Behrens MD MACG FACS FASMBS

Executive Director IFSO LAC

President-elect IFSO LAC 2019-2021

ebehrens@comnetsa.com



Asia Pacific Chapter Report



Muffazal Lakdawala President of Aisia Pacific Chapter

Singapore had an annual meeting of surgeons and endocrinologists last year in November. The new President of the society is Dr. Jaideepraj Rao.

Korean society for bariatric and metabolic surgery had its annual Meeting in March this year and have passed a resolution to start training its surgeons, as Government insurance will cover bariatric surgery in November 2018.



The **Digestive Health Institute in Mumbai** was appointed as first approved centre for training.





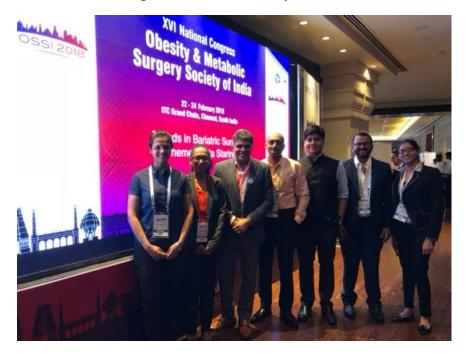


Asia Pacific Chapter Report

New Delhi has just hosted the first world congress on Standardisation of bariatric procedures in March 22/24, headed by Dr. Mal Fobi and Dr. Mohit Bhandari.



OSSI had its annual meeting held in Chennai this year.



IFSO APC is planning to approve training centres for workshops and fellowships starting from April 2018.





Abdelrahman Nimerî President of Middle East North American Chapter

The IFSO MENA Chapter was the fruit of the hard work of the Executive Board of the Gulf Obesity Surgery Society (GOSS) led by Mohamed Al Jarrallah and the Executive Board of the Pan Arab Society of Metabolic and Bariatric Surgery (PASMBS) led by Abdelrahman Nimeri. We are proud & feel privileged to be the youngest child in the IFSO family.

The IFSO MENA Chapter (MENAC) was inaugurated on the 8th of December 2017 in Dubai at the first general council meeting and

election of Executive Council:

President 2017-2019: Abdelrahman Nimeri (UAE). **President elect 2017-2019:** Khalid Mirza (KSA).

Treasurer: Hayssam Fawal (Lebanon) & office location/bank account are in

Lebanon.

Member at Large: Khaled Gawdat (Egypt).

IFSO World Congress èresident, Ali Khammas until Sept 2018.

IFSO MENA chapter General Council: EC plus the following members: Lebanon: Bassem Safadi (voting), George Elhajj, Egypt: Alaa Abbass (voting), Osama Taha. KSA: Aayed Al Qahtani (voting), Waleed Bukhari, Jordan: Sami Salim (voting), Ahmad Bashir, Kuwait: Mohamed Al Jarrallah (voting), Salman Al Sabah, UAE: Essa Al Mualimi (voting), Abdelwahid Al Wahidi.



Sitting from right to left: H. Fawal, K. Mirza, A. Nimeri, M. Aljarallah, K. Gawdat. **Standing from the right to left:** B. Safadi, A. Bashir, A. Abbass, S. Salim, A. Oahtani, S. Al Sabah, Essa Almulaimi





 IFSO MENA chapter committee structure: includes the following committees:

Communication: Chair: Ahmed Bashir Co-Chair: Ali Al Montasheri. Scientific & research: Chair: Bassem Safadi Co-Chair: Ashraf Haddad. Education & training: Chair: Aayed Al Qahtani, Co-Chair: Osama Taha Guidelines/registries & medicolegal: Chair: Salman Al Sabah, Co-Chair: George Elhalj

Membership: Chair: Mousa Khoursheed, Co-Chair: Mohamed Al Hadad. Integrated Health: Chair Nadia Ahmed, Co-Chair: Nasreen Al Faris.

♦ IFSO MENAC Committee members 2017-2019:

⇒ **Communication Committee** 2017-2020

Chair: Ahmad Bashir Chair- elect: Ali Al-Montashery.

Members: 2017-2019: Hazem Almomani (UAE), Tamer Abdelbaki (Egypt), Abdullah Mousa (UAE), Mohamad Jamal (Kuwait), Essam Batayah (KSA), Mu'ayyad Abbas (Iraq), Hasan Hussein (Jordan), Mahmoud Basho (Lebanon).

⇒ Education and Training committee 2017-2020:

Chair: Aayed Algahtani Chair-elect: Osama Taha.

Members 2017-2019: Mohammed Hytham Alfawal (Lebanon), Faheem Basuini (Egypt), Abdelrahman Nimeri (UAE), Salman Alsabah (Kuwait), Firas Obaidat (Jordan), Sultan Altemyat (KSA).

⇒ Membership Committee 2017-2020:

Chair: Mousa Khoursheed Chair-elect: Mohammed Al Hadad Members 2017-2019: Falih Mohsen: (Iraq), Khaled Hamdan (UAE), Khalil Zayadin (Jordan), Tahir Yunus (Saudi Arabia), Mohga Elsheikh (UAE), Emad Abdallah (Egypt), Mohamed Abouzied (Egypt).

⇒ Scientific Committee 2017-2020:

Chair Bassem Safadi Chair-elect: Ashraf Hadad

Members 2017-2019: Mahmoud Abdel-Al (Egypt), Emad Abdallah (Egypt), Mohammed Alnaami (KSA), Ossama Damra (Jordan), Hussein Faour (UAE), Sulaiman Al Mazeedi (Kuwait), Matthew Kroh (UAE), Rodrigue Chemali (Lebanon).





- Registry, Guidelines & Medicolegal committee 2017-2020:
 - Chair: Salman Al Sabah. Chair-elect: George El Haj Members 2017-2019: Saud Al Subaie (Kuwait), Asmaa Al Rashed (Kuwait), Abdulmalek Altaf (Saudi Arabia)
- **Integrated Health committee:** 2017-2020 Chair: Nadia Ahmad Chair-elect: Nasreen Al Faris. Members 2017-2019 TBA.
- IFSO MENAC is proud to have the IFSO secretariat office as its official Secretariat (please email Stefanie D'Arco info@ifso.com or Manuela Mazzarella ifso.secretariat@gmail.com)
- Coming soon the IFSO MENAC website.

Activities of the IFSO MENAC Communication Committee in 2018:

- **IFSO MENAC monthly Webinars (started in December 2017):**
- 1st IFSO MENAC Webinar December 14th 2017"the story of the Heaviest man in the world" Aayed Al Qahtani KSA President elect of PASMBS.



2nd IFSO MENAC Teleconference Thursday February 8th 2018





Ahmad Bashir, Chair (MENAC)



Difficult Bariatric Cases:

- 1. Sleeve gastrectomy with incidental large hiatal hernia
- 2. Malnourished OAGB/MGB patient with anastomotic perforation
- 3. Incidental finding of POSE in planned Sleeve gastrectomy

Fact checker ensuring bias free teleconference

Please follow us 2 @IFSOMENAC











- IFSO MENAC on social media (Facebook, Twitter, Telegram): Please join us and stay connected:
- ⇒ **IFSO MENAC Telegram group (222 members):** This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar, https://t.me/joinchat/BdmnT0LuAYSCZT_iJ_27kw
- ⇒ **IFSO MENAC Facebook Group (571 members):** This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar Group https://www.facebook.com/groups/IfsoMENAC/about/
- ⇒ Please follow IFSO MENAC on Twitter @IFSOMENAC (276 followers).
- **♦ IFSO MENAC Twitter chat #obsmMENA**



#obsmMENA



شاركونا الحوار في تغريدة الجمعة ١/١٩ الساعة ٣ عصرا بتوقيت جرينش



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 ۱۰۳٫۷ ملیون بالغ
 یعانون من السمنة

N Engl J Med 2017; 377:13-27July 6, 2017DOI: 10.1056/NEJMoa1614362



السمنة مرض مزمن

نظام الحرق و تخزين الطاقة (الدهون) أكثر تعقيدا من مجرد قوة إرادة, حمية أو رياضة

جميع متسابقي "الرابح الأكبر" استعادوا وزنهم

Fothergill et al. Persistent metabolic adaptation 6 years after "The Biggest Loser" competition. Obesity, 24: 1612-1619. doi:10.1002/oby.21538







⇒ Second #obsmMENA chat is about type II Diabetes, Obesity & Bariatric Surgery http://obsmmena.blogspot.com.eg/2018/02/diabetes-and-obesity-obsm-mena-chat-on.html The blog for the next #obsmMENA chat on 23rd Feb 3pm GMT is out. Please join us. Arabic and English tweets are welcome.







شاركونا الحوار في تفريدة الجمعة 2\23 الساعة 3 عصراً بتوقيت جرينيتش



خـــلال الخصــس و عشــرين ســـنة الماضيــة ازدادت معــدلات الإصابــة بالسـكري من النوع الثاني بشكل كبيــر وذلــك نتيجــة للزيــادة المالمية في معدلات السمنة





أكثر من سبعين في المائة من مرضه السكري من النوع الثاني يستطيعون الحصول علم انحسار المرض أو التحكم بقراءات السكر بشكل ممتاز و ذلك من خلال الخضوع لجراحات السمنة





- Submit your abstract to the IFSO 2018 Dubai World Congress, Sept 26-29th 2018
- ⇒ For the first time, come and see the IFSO Simulation Center at the Exhibit hall.
- ⇒ First ever Mock Trial & medico-legal case review by an expert panel.
- ⇒ Short 5 minute communications are back.
- ⇒ 10 Post-Graduate courses.
- ⇒ Sessions on Weight regain, options for super-obese, Metabolic Surgery, Re-operative & complication videos, Reflux after sleeve gastrectomy, long term outcomes and many more sessions.
- ⇒ Spanish/ Portuguese session.
- ⇒ www.ifso2018.com
- ⇒ https://youtu.be/P38rVkhFlwE

Sincerely,



Abdelrahman A. Nimeri, MBBCh, FACS, FASMBS

President of the **IFSO MENA Chapter** 2017-2019













Ali KhammasCongress President



IFSO 2018:

23RD WORLD CONGRESS OF THE INTERNATIONAL FEDERATION FOR THE SURGERY OF OBESITY AND METABOLIC DISORDERS

Dubai, United Arab Emirates 26th – 29 September 2018 www.ifso2018.com

Welcome Video Message:

If you haven't had a chance to view IFSO 2018 welcome video please visit the link http://www.ifso2018.com/video.html to hear regarding IFSO 2018 from **Prof.**Jacques Himpens - IFSO President, **Dr. Ali Khammas** - Congress President, **Dr. Abdelrahman Nimeri** - Chairman of Scientific Committee and **Dr. Faruq Badiuddin** - Chairman of Organizing Committee.









Submit your Abstracts:

The scientific program for IFSO 2018 provides a unique opportunity for all those interested in obesity and metabolic surgery to share their experiences, expertise, and knowledge to the worldwide IFSO community. The program committee has dedicated twenty sessions for abstracts this year so don't miss out this opportunity to share your research/work with the largest audience of both surgeons and non-surgeons working in the field of surgery, bariatric and metabolic surgery.

Authors can submit abstracts for original oral, poster and video presentations in any of the congress scientific topics. All abstracts will be reviewed by the scientific committee and reserves the right to determine whether a submission is accepted as an oral, video or a poster presentation. The abstract may be scheduled for presentation on any day from 26-29 September 2018.

Abstract Submission deadline ends on April 1st 2018

Abstract Topics:

- Adjustable gastric banding
- Integrated Health/Multidisciplinary care
- Anaesthesia and bariatric surgery
- Banded procedures
- Bariatric registries
- Bariatric surgery in children, adolescents and young adults
- Bariatric surgery in the over 65's
- Bariatric surgery tourism
- Basic science and research in bariatric surgery





- Emergent technology
- Endoscopic and Percutaneous Interventional Procedures
- Enhanced recovery in bariatric surgery
- Exercise and bariatric surgery
- Fertility, pregnancy and bariatric surgery
- Gastric bypass procedures including Roux-en-Y gastric bypass (RYGB) and One Anastomosis gastric bypass OAGB)
- Gastric Plication
- Gastric Stimulation and Nerve Blockade
- Hernia surgery in the bariatric patient
- Malabsorptive bariatric operations
- Medical management of bariatric patients
- Nutrition after bariatric surgery
- Plastic surgery after weight loss
- Pre-operative management
- Post-operative care
- Post-operative complications
- Primary care and the bariatric surgery patient
- Psychology and bariatric surgery pre and post-op challenges
- Quality in Bariatric Surgery
- Revisional surgery
- Robotic bariatric surgery
- Management of weight regain after surgery
- New (Non Standard) Surgical Techniques
- Sleeve gastrectomy
- Surgery and strategies for low BMI
- Technology and bariatric surgery
- Type 2 diabetes and metabolic surgery
- Young IFSO session

Click here to Submit Abstracts

Abstract Submission Links:

Oral/ Poster presentations can be submitted by clicking here

Video presentations can be submitted by clicking here





IFSO 2018 Scientific Program

IFSO 2018 will offer 10 Post-graduate Courses, multiple symposia and numerous oral, video and poster papers. The program this year will be a lot more focused on debates to address the specific areas of concern including reflux disease, sleeve gastrectomy, long term outcomes after procedures and others. In addition there will be specific sessions on emerging technologies, registries, procedures for patient with body mass index of more than 50 or super obese patients.

For the first time in the exhibition hall there will be a **Simulation Centre** to allow participants hands on experience on robotic surgeries, endoscopy, and laparoscopic procedures simulators. IFSO scientific committee has planned to have a large plenary session for 2018 that can be attended by 2,000 participants at one time, in addition to the four parallel sessions.

For the first time, starting from this year, IFSO will offer five Scholarships to IFSO Integrated Health Members from countries who's Bariatric Surgery Societies are members of IFSO and who show strong interests, initial accomplishments and potential for future career development in obesity related specialties. One Scholarship will be awarded to an applicant from each of the five IFSO chapters.

Program at a Glance

IFSO 2018 Postgraduate Courses:

- How to conduct and publish quality research
- Bariatric Registries & their value
- Bariatric Endoscopy for weight loss, weight regain and management of complications
- Metabolic Surgery from Basics to Clinical evidence
- Complications of Bariatric surgery—Prevention & Management
- Revisional surgery for weight regain
- One anastomosis gastric bypass/mini gastric bypass
- Enhanced Recovery in Bariatric Surgery & Perioperative care
- Trans-Disciplinary Team, Basics of Obesity
- Hands on Course on suturing & stapling techniques

Postgraduate Courses







Register **before 30th June** with the **early bird rates** for conference and post graduate courses. For online registration please click on the **registration portal**

REGISTRATION FEES:

CONGRESS

Category	Early Bird Rate Until 30 June 2018	Regular Rate 1 July - 24 Sept 2018	Onsite Registration Rates
Delegate – IFSO Member	\$490.00	\$580.00	\$725.00
Delegate – Non Member	\$600.00	\$685.00	\$850.00
Delegate - Integrated Health, Residents & Students	\$250.00	\$325.00	\$375.00

POSTGRADUATE COURSES

Category	Until 1 Aug 2018	1 Aug onwards & Onsite
IFSO Member	\$240.00	\$285.00
Non Member	\$285.00	\$335.00
Integrated Health Professional, Residents & Fellows / Students	\$140.00	\$165.00







DU BAI AS A DESTINATION

Located on the Arabian Peninsula, Dubai is the natural meeting place at the crossroads of Europe, Asia and Africa, and a global hub for trade, commerce, knowledge exchange and innovation. Dubai has transformed itself into a buzzing international metropolis and has embraced people from over 200 nationalities who live and work in Dubai, calling it home.

Dubai's central location makes it one of the busiest travel hubs in the world and Dubai International Airport is ranked first in the world for international passenger traffic with over 7,000 weekly flights. The organiser of IFSO 2018 has proudly appointed Emirates Airline as the official airline partner. Emirates Airline has excellent connections to all of the six continents with more than 150 destinations worldwide. The participant can avail a 10% discount on regular fares when they book their tickets from Emirates Airline website.









HOTEL ACCOMMODATION

The organisers are working hard to make your experience in Dubai as enjoyable and hassle-free as possible so a number of hotel rooms in different price categories have been pre-booked at preferential rates (best rate guaranteed) for the period of IFSO 2018 Congress.

It is highly recommended that you plan ahead your journey and book your accommodation early and organise your stay in Dubai from closer to the venue – Dubai International Convention and Exhibition Centre.

For hotel rates and further details please visit http://www.ifso2018.com/

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The congress venue, **Dubai World Trade Centre (DWTC)**, is centrally located within the business hub of Dubai amidst the city's iconic landmarks. The city's premier venue and destination welcomes 2.74 million visitors to Dubai each year. It has over 120,000 sqm of exhibition and meeting space and is only a 10-minute drive or a Metro Red line ride from the airport. In addition, an array of hotels in Dubai offers high quality and sizeable meeting space.

For more details on the venue please **CLICK HERE**

For details on how to reach the venue when you are in Dubai please **CLICK HERE**







IFSO 2018 Mobile Application

The organising committee is pleased to announce **IFSO 2018 mobile App** is available for download on App stores. The App was officially launched in IFSO 2017 and have received a great response from the IFSO delegate community.

With this app, the organising committee aims to provide all delegates an easier way to find all the congress related information and can be used as a communication tool to interact with other colleagues.

PLEASE DOWNLOAD APP NOW:

Apple Store Google Play

Download IFSO2018 Mobile App









For iOS

For Android

www.ifso2018.com



Congress Secretariat: MCI Middle East, UAE, Tel: +971 4 311 6300, Fax: +971 4 311 6301, E-mail: ifso2018@mci-group.com

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XXIV IFSO World Congress

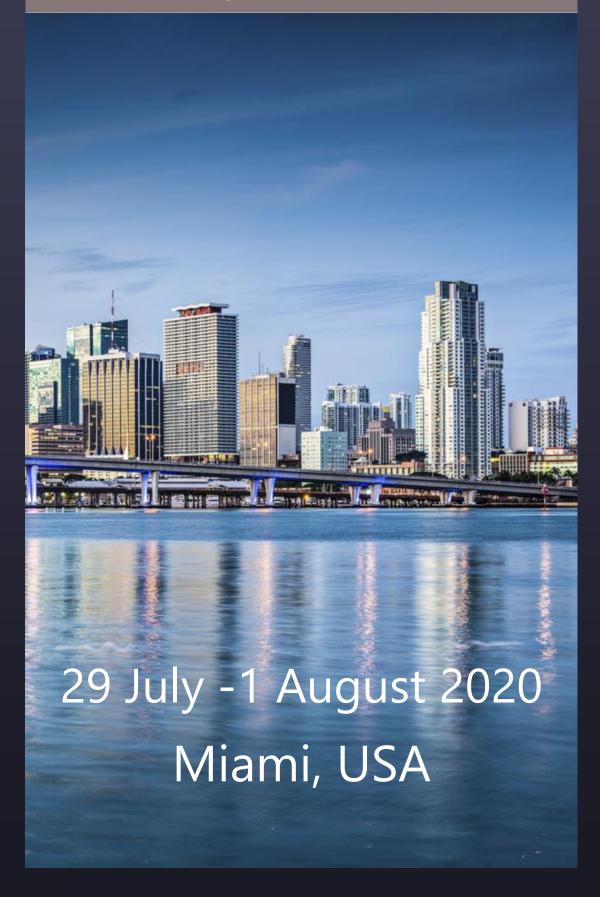


3-7 September 2019 Madrid, SPAIN





XXV IFSO World Congress







XXVI IFSO World Congress



1-4 September 2021 Rome, ITALY





IFSO Virtual Academy



PAST WEBINARS

WEBINAR FEBRUARY 8: NECESSARY SUPPLEMENTS FOLLOWING



2ND IFSO MENAC WEBINAR: DIFFICULT BARIATRIC CASES

WEBINAR JAN. 25: WEIGHT REGAIN AFTER LAPAROSCOPIC SLEEVE









IFSO Virtual Academy—upcoming events



V IFSO Online Symposium



"One Anastomosis Gastric Bypass: 10 year outcomes" Prof. Jean Marc Chevallier Hôpital Européen Georges Pompidou



Jean Marc Chevallier



Natan Zundel



Hayssam Fawal



Kuldeepak Singh Kular



Kamal Mahawar



Almino Ramos

6thApril 2018 3.00-4.00 pm Central Europe Standard Time

Free registration. Limited number of seats available.

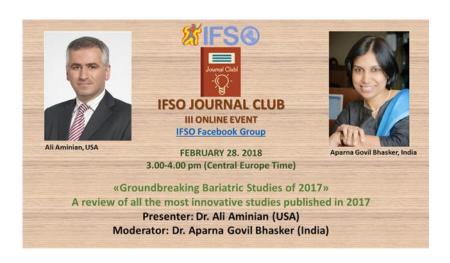
Secure your seat now registering here:
https://attendee.gotowebinar.com/register/2710351527304233219

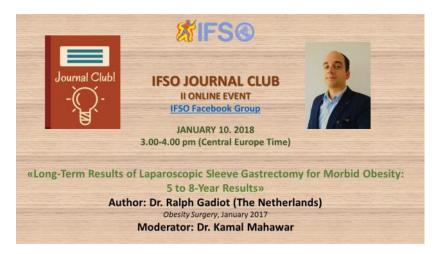


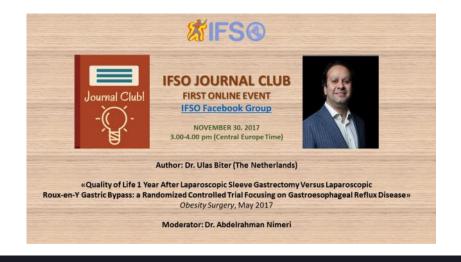


IFSO Virtual Academy

PAST JOURNAL CLUBS











IFSO Virtual Academy

IFSO/AIS LIVE SURGERIES



Upcoming Live Surgeries:

Kelvin Higa, Natan Zundel, Jean Marc Chevallier, Antonio Torres

All videos of the Webinars and Live Surgeries are availbale for IFSO members on the Virtual Academy page on:

http://www.ifso.com/ifso-virtual-academy/





Our official Journal : Obesity Surgery



Scott Shikora Editor-in-Chief of Obesity Surgery

Never miss an issue of OBESITY SURGERY!

Sign up to receive **Table of Contents** (TOC) **Alert emails** for Obesity Surgery.

You will be able to update your email address or unsubscribe at any time: www.ifso.com/join-our-newsletter

New issue alert: The latest issue of *Obesity Surgery* is now available online! View all new articles and browse the archive. http://bit.ly/Y8lkiG







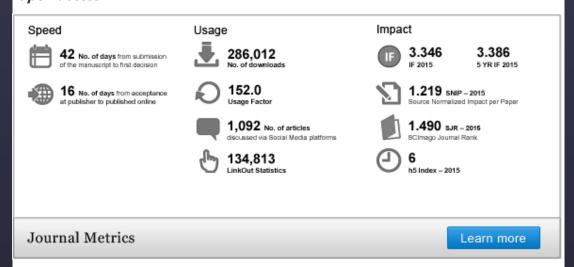
Our official Journal : Obesity Surgery

Submit your manuscript

Register and log in to the system as 'Author'. Submit your manuscript and track its progress through the system. <u>Click here</u> for more info.

Journal metrics

Open access



Open Choice

Publishing open access makes your work immediately and permanently available online for everyone, worldwide.



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No matter which option you choose, all open access publications are subject to high-quality peer review, editorial and production processes. You retain copyright and can easily comply with open access mandates.

Click here for more info.

Get subscription

Subscription, valid from January through December is included in the IFSO annual membership fee.

Find all information for the subscription **HERE!**





Communication Committee

Chair: Abdelrahman Nimeri

Vice-Chair: Bart van Wagensveld

Members: Saber Ghiassi, Kamal Mahawar, Ali Aminian, Aparna Govil, Asim Shabbir, Ahmad Bashir, Cynthia Borg, Caetano

Marchesini

Abdelrahman Nimeri Chair of the Communication Committee

- The IFSO Virtual Academy (Highest quality, free at your finger-tips): http://www.ifso.com/ifso-virtual-academy/ #IFSOVirtualAcademy (please use the hashtag on Twitter) & check the website link. The IFSO Virtual Academy in collaboration with AIS includes Surgical Open Classroom, IFSO-AIS World Surgery, IFSO World Congress Key-note Lectures, IFSO Webinars & the IFSO Facebook Journal club.
- \Diamond IFSO Surgical Open Classroom (SOC) SOC contents can be: surgical videos, case reports, short presentations, article comments, short lectures, clinical images, news or review of position statements (8-10 minutes is the ideal duration, maximum length is 15 minutes). Invitations were already sent to faculty.
- IFSO-AIS World Surgery full length recorded surgery with moderation: from "step by step" procedures to technical comments about surgical strategy, movements and manoeuvres. Also, short comments and reflections/insights about current hot topics in bariatric and metabolic surgery would be included in this section.
 - 1st IFSO-AIS World Surgery "Laparoscopic reversal of Roux en Y gastric bypass" J. Himpens January 17th, 2018 13.843 live viewers from 112 countries.

Upcoming Live Surgeries:

Kelvin Higa, Natan Zundel, Jean Marc Chevallier, Antonio Torres





- AIS IFSO London lectures edited by AIS stored on the IFSO Virtual Academy:
- Nutritional Deficiencies after Bariatric Surgery ¿Can they be predicted PRE-OP?" Tair Ben Porat
- Presidential Address by IFSO President 2017 Kelvin Higa
- ♦ Hypoglycemia after Bariatric Surgery recognition and management Andrea Pucci.
- ♦ Swedish obese subjects study 20-year data Lena Carlsson
- ♦ Stampede trial 5-year results Philip Schauer
- ♦ Do limb lengths really matter in Gastric Bypass? Jacques Himpens
- ♦ Is there an "ideal" Sleeve Gastrectomy? Michel Gagner
- Internal hernias after Gastric Bypass can disasters be avoided? Johan
 Ottosson
- ♦ Laparoscopic Sleeve Gastrectomy or Roux-en-Y bypass. 5-year results of the prospective randomized Swiss multicenter bypass or sleeve study - Ralph Peterli
- Endoscopic metabolic procedures targeting the duodenum Manoel Galvao
 Neto
- ♦ Are VTE's still a problem in a modern bariatric practice? Stacy Brethauer
- **VALUE OF STATE OF ST**
 - 1st Webinar February 8^{th,} 2018: "Necessary Supplements Following Bariatric and Metabolic Surgery. Moderator: T. Martinez. Speaker: Silvia Leite Faria, Brazil. Discussants: Mary O'Kane, UK, Julie Parrott, US, Shiri Sherf Dagan, IL 195 Attendees.





IFSO Quarterly Webinars (started in 2017):

- 1st Webinar November 24th 2016 "The right procedure for the right patient" Moderator: Kelvin Higa NAC Discussants: J. Himpens EC A. Torres EC N. Zundel NAC M. Lakdawala APC
- 2nd Webinar July 6t^h 2017: "High incidence of Barretts esophagitis after LSG" by A. Genco: Moderator: K Higa Discussants: (Lakdawala, Ramos, Zundel, Angrisani) 107 Attendees.
- 3rd Webinar October 12^{th,} 2017: "New Scoring System Helps Guide Surgical Choice for Patients with Obesity and Diabetes" A. Aminian: Moderator: J. Himpens. Discussants: W.J. Lee, S. Shikora, R. Cohen, C. Le Roux, D. Cummings. 106 Attendees.
- 4th Webinar January 25th 2018: "Weight regain after LSG" by A. Torres. Moderator: A. Ramos. Discussants: JM Chevallier, M. Gagner, M. Lakdawala, R. Rosenthal 195 Attendees.
- 5th Webinar April 5th 2018: OAGB by JM Chevallier. Discussants: K. Kular APC, K. Mahawar EC, H. Fawal MENAC, C. Boza LAC, K. Higa NAC.
- 6th Webinar July 2018: VTE prophylaxis in Bariatric surgery.
- 7th Webinar Oct 2018: Enhanced Recovery after Bariatric Surgery.



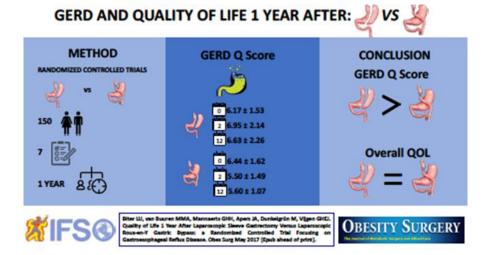


IFSO Quarterly Journal Club: led by Kamal Mahawar, important articles from Obesity Surgery Journal and other journals were discussed. This was a prerecorded short presentation available on the Facebook page followed on the day of the journal club by a one hour discussion in the presence of the author & moderator through the chat box. Then the discussion followed for the next 24 hours with a wrap up by the moderator (This allows you to come back and follow the entire thread at your convenience).

Please look for the poll every month with suggestions for articles to discuss on Facebook and Twitter:

IFSO Obesity Surgery I Journal Club November 30th 2017: "RCT LSG vs RYGB for GERD QOL". Speaker: Ulas Biter, Moderator: Abdelrahman Nimeri **IFSO Obesity Surgery II Journal Club** January 10th 2018: "Long term r sults of LSG". Speaker: Ralph Gadiot, Moderator: Kamal Mahawar **IFSO Obesity Surgery III Journal Club** February 28th 2018: "Review of best studies in 2017". Speaker: Ali Aminian, Moderator Aparna Govil

○ IFSO-Obesity Surgery Journal Visual Abstract:



Selected readings in bariatric surgery: Please look for this tab on the IFSO website. It will include recent relevant publications with comments from experts. It is another way we are trying to keep you up-to-date.





♦ Meetings endorsed by IFSO:

2014 (11 meetings).

2015 (28 meetings)

2016 (24 meetings)

2017 (27 meetings)

2018 (6 meetings)

♦ The use of a disclosure slide for procedures you perform in your presentations

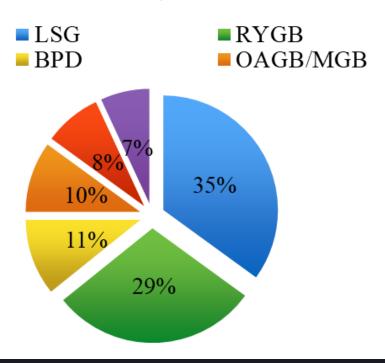
Bias is not only financial bias, it is scientific and experience bias as well.

This disclosure slide will show the percentage of procedures the presenters has performed in his/her whole career. This is helpful to show the attendees the presenters bias for procedures they rarely perform.

This is a requirement for all IFSO endorsed meetings. It must be enforced mandatorily by the Director of the endorsed event and it is recommended for all the other Speakers.

Course directors are required to ask all presenters to add the disclosure slide with the percentage of procedures at the beginning of the presentations.

The presenter is free to add/remove to the suggested list any type of procedure to fully reflect his/her own statistics. For example:







- **♦ IFSO on social media (Facebook, Twitter, Linked In):**



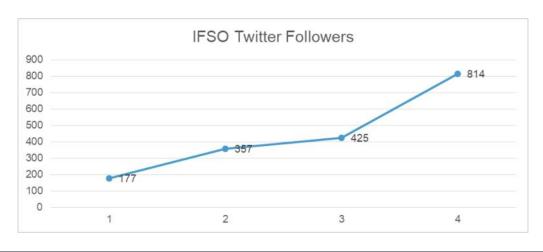
♦ Please follow IFSO on Twitter @IfsoSecretariat (started October 2016):

October 2016 177 followers

April 2017 357 followers

Sept 2017 425 followers

Feb 2018 814 followers (Help us cross 1.000 followers).







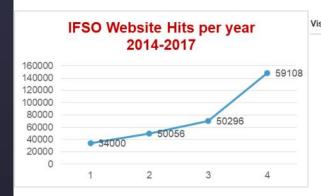
◊ IFSO Linked In group: 968 members

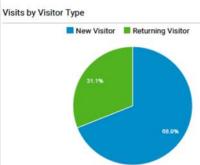
https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about

Website statistics (2014-2017):

Hits in 2014 (34,000 hits). Hits in 2015 (50,056 hits) Hits in 2016 (50,296 hits)

Hits in 2017 (59,108) 18% increase.





⇒ Top 10 countries: Visit and page visit by country 2014, 2015, 2016 & 2017:

2014	2015	2016	2017
1. USA 2501	USA 6397	USA 7310	USA 7712
2. India 1455	India 4094	Brazil 4415	India 5169
3. Brazil 1385	Brazil 3573	India 3580	UK 4528
4. UK 1226	UK 2954	UK 2909	Brazil 3403
5. Italy 885	Italy 2219	Italy 1860	Italy 2603
6. Mexico 863	Mexico 2042	Australia 1751	AUS 1957
7. France 595	France 1492	Mexico 1458	Mexico 1597
8. Spain 576	Spain 1381	Netherlands 1360	NL 1557
9. Australia 443	Germany 1145	Germany 1316	UAE 1462
10. Netherlands 417	Australia 1100	UAE 1191	Nigeria 1412





Submit your abstract to the IFSO World Congress 2018 in Dubai,

September 26-29th, 2018

- For the first time, come and see the IFSO Simulation Center at the Exhibit hall.
- First ever Mock Trial & medico-legal case review by an expert panel.
- Short 5 minute communications are back.
- 10 post-graduate courses.
- Sessions on Weight regain, options for super-obese, Metabolic Surgery, Reoperative & complication videos, Reflux after sleeve gastrectomy, long term outcomes and many more sessions.
- Spanish/ Portuguese session.
- www.ifso2018.com









Tracy MartinezChair of the
Integrated Health
Committee

Integrated Health Committee

New I.H. Committee member:

Our newest committee member is *Cristina Aquino* graduated in Physical Education in 1995. Currently, she gives support to people who wish to lose weight and improve their life's quality. As she also

specialised in Strength Training for Health and Performance, Pilates Method, Functional Training and Health Coaching, she utilises these tools to assist her clients to achieve their ideal body composition and physical fitness. In 2012 she joined a Bariatric Surgery Team led by Doctor Caetano Marchesini and received a certificate of Multidisciplinary Specialist in Bariatric Surgery from the Brazilian Society of Metabolic and Bariatric Surgery.

I.H. First Webinar

The IFSO I.H. Committee presented the first IFSO I.H. Webinar on February 8, 2018. By all accounts it was very successful. The topic was "**Necessary Supplementations Following Bariatric and Metabolic Surgery**" presented by Silvia Leite Faria Rd, PhD. We had 170 attendees (over 400 registered). The panel discussants were from the United States, Israel and the United Kingdom.



I IFSO I.H. Online Symposium



"Necessary Supplements Following Bariatric and Metabolic Surgery"



Silvia Leite Faria Speaker



Tracy Martinez Moderator



Mary O'Kane Discussant



Discussant



Discussant





We plan to offer three webinars this year. This is also a vehicle to gather emails of our members which has been a challenge. Past webinars will be available on our website on http://www.ifso.com/ifso-virtual-academy/

IFSO Dubai

Integrated Health will have two half days at IFSO in Dubai with rich content and speakers.

For the first time, starting from this year, IFSO will offer **5 Scholarships** to IFSO Integrated Health Members from countries whose Bariatric Surgery Societies are members of IFSO and who show strong interests, initial accomplishments and potential for future career development in obesity related specialties. One Scholarship will be awarded to an applicant from each of the 5 IFSO chapters Integrated Health Survey. The applications must be sent in writing to IFSO Secretariat (info@ifso.com) by **April, 8th 2018**.

<u>Click here</u> for the complete Scholarship regulations.

The Committee is working on a membership survey to learn more about what makes up our I.H. membership and how can we serve them better. We will send this out using Survey Monkey in April 2018. We invite all Integrated Health practitioners to submit their email to IFSO so we can keep in good communication with our members.

If you have any questions, suggestions or concerns please contact me at: TMartinezrn@lapbypass.com

Sincerely,

Tracy Martinez RN, BSN, CBN

IFSO Integrated Health Chair





Scientific Committee

Wendy BrownChair of the
Scientific Committee

The Scientific Committee of IFSO has been busy with various activities aimed at ensuring members to have access to the latest evidenced based information to inform their practice.

The Scientific Committee has been working with the Executive Board in order to produce IFSO Position Statements on OAGB and SADI/OADS. These statements will soon be available in Obesity Surgery. Further Position Statements are planned.

We have reviewed the content of the website and tried to provide more up-todate information on the bariatric procedures we commonly perform for both patients and professionals.

In addition, we have been working with the local organisers of Dubai scientific congress on the Scientific Programme. The local organisers have done a superb job and I would encourage everyone to plan on coming to both meetings and attend some of the courses. The Scientific Committee has endorsed the IFSO Registry Post-Graduate Programme and we hope this will be a great opportunity to work together to improve outcomes for our patients around the world.

Wendy Brown

IFSO Scientific Committee Chair





Manoel Galvao Neto Chair of the Bariatric Metabolic Endoscopy Committee

Bariatric Metabolic Endoscopy Committee

The IFSO Bariatric Endoscopy Committee was created in December 2017 with a clear mission: integrate the Bariatric Endoscopy field among IFSO community by means of promoting meetings, courses, consensus, position statements and white papers. The Committee vision is to promote the integration of bariatric surgery with endoscopy in a stepwise manner.

The first virtual Committee meeting was held on on February 21st and was very productive. We could delineate our activities starting by the Bariatric Endoscopy postgraduate course at Dubai Congress on September 26th.

The group also defined an action plan with the intention of producing position statements and consensus about endoluminal approach to Sleeve Gastrectomy stenosis and leaks, pre-op endoscopy, Endoscopic Sleeve Gastroplasty and Intragastric Balloons to be evaluated by IFSO executive Board and presidency with the intention to be published in Obesity Surgery journal.

The IFSO Bariatric Endoscopy Committee is formed by KOLs on the field among the most experienced ones and we expect a very productive term.

Here follows the Committee members; Manoel Galvao Neto (Brazil), Barham Abu Dayyeh (USA), Christopher Thompson (USA), Gontrand López-Nava (Spain), Natan Zundel (USA), Josemberg Campos (Brazil), Christine Stierr (Germany), Mousa Khoursheed (Kuwait), Muffazal Lakdawalaala (India), Almino Ramos (Almino Ramos)

Manoel Galvão Neto

Chair of IFSO Bariatric Metabolic Endoscopy Committee









Young IFSO Report

At the end of 2017, it was decided to take a census of all members of Young IFSO. So far we count 226 Young Members in our ranks but we hope many more will join our community. All the members of Young IFSO are surgeons and I.H. professionals up to 45 years.

We provide them with the opportunity to communicate in social networks and participate in our scientific sessions at congresses organized by IFSO.

Two sessions are already prepared for the IFSO-EC Meeting that will be held in Athens in May 2018 and for the World Congress to be held in Dubai in September 2018.

We warmly invite you to participate in these sessions. One more session is also planned for the Frankfurt meeting that will take place in November 2018.

We have also created an active <u>Facebook Group</u> and we do hope you will all join us.

We share with the members of the Group the most interesting cases on bariatric surgery.

Kind regards,

Aleksandr Neimark

President of Young IFSO





IV IFSO Global Registry Report

Become part of the Global IFSO Registry

The International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Global Registry Project was established in January 2014 to demonstrate that it is possible to merge and analyse bariatric and metabolic surgical data from different countries and centres. The global initiative will help the bariatric community establish essential benchmark knowledge about the patients, their age and gender distributions, body mass index (BMI) and comorbidity disease burden, as well as track trends in surgery over time.

In August 2017, the Third IFSO Global Registry Report (2017) was released at the XXII IFSO World Congress in London, UK, and included data from more than 40 countries on over 196,000 operations including baseline obesity-related disease, operation types, operative outcomes and disease status after bariatric/metabolic surgery. The report also demonstrated clear and important differences in bariatric practice between countries. To access the latest report, please click here

The 'Fourth IFSO Global Registry Report,' will be published at the XXIII IFSO World Congress in Dubai, UAE, and the Federation would like to invite all members to participate in this forthcoming report. All new contributors will be sent an IFSO Global Registry Charter document that will outline and explain:

- The aims of the IFSO Global Registry Project
- Data protection
- Access
- Data ownership
- Publication and other use of the data
- Principles of operation: roles and responsibilities
- Data validation
- Supervising authorities

There are two ways for contributors to submit data - IFSO Upload-My Data portal and IFSO Direct-Data-Entry portal:

- The IFSO Upload-My Data portal enables a community of surgeons or physicians to create a national or international database; even if there are different database systems being used at the local level, the data from each can be integrated into the central, merged registry.
- IFSO Direct-Data-Entry portal allows contributors to directly enter their data onto a secure portal on a case-by-case basis.





IV IFSO Global Registry Report

"We at IFSO are convinced that one of our prime tasks is to provide global guidelines for safe and effective surgery to the benefit of the patient with adiposity. Critical appraisal of what we do is essential to achieve this goal," IFSO presiden, Jacques M Himpens. "More than ever we must share our data with the world. More than ever we must contribute to a global and complete registry."

If you are interested in contributing your data for the 'Fourth IFSO Global Registry Report', please email: ifsoregistry@e-dendrite.com for more information.









IV IFSO Global Registry Report

Prior to surgery, 21.8% of patients were on medication for type 2 diabetes, 31.4% of patients were treated for hypertension, 15.3% of patients were on medication for depression, 20.2% of patients required treatment for musculo-skeletal pain, 20.3% of patients had sleep apnoea and 24.8% of patients had gastro-esophageal reflux disorder.

Following surgery, the report states that the average percentage weight loss was 30.1% and after primary surgery 62.4% of those taking medication for type 2 diabetes beforehand were no longer on medication one year after surgery. The proportion of patients no longer treated for diabetes was highly dependent on weight loss achieved. There were also significant reductions in the rates of treatment for depression, hypertension and musculo-skeletal pain, as well as a decline in rates of confirmed sleep apnoea and GERD one year after surgery.

"Bariatric/Metabolic Surgery is unlike any other surgical specialty. We look to the long-term effects and are not satisfied with one or two-year data; even 10 to 20-year data may not be enough to judge if our interventions today should be continued," said IFSO past-President, Dr Kelvin Higa. "If we had data from the past 30 years of surgery to analyse and integrate with our current concepts of the pathophysiology of our operations, I think we would be closer to answering many important questions such as What should be the criteria for surgery? How do I choose the right operation for the right patient? What are the long-term consequences of my intervention? Reporting data and participating in a registry such as IFSO Global Registry is indicative of the serious commitment to the long-term care of our patients and the advancement of the universal standards by which we practice."

"Together with IFSO, we were delighted to publish this third report at the XXII World Congress in London, UK," said Dr Peter Walton, Managing Director of Dendrite Clinical Systems. "I would also like to encourage metabolic and bariatric surgeons from around the world to contribute their data to the next report to be published at the XXIII IFSO World Congress in Dubai."

If you are interested in participating in the Fourth IFSO Global Registry Report, please email: registrations@e-dendrite.com for more information.

If you would like to download a pdf copy of the Third IFSO Global Registry Report, please <u>click here</u>

There are limited printed copies of the Third IFSO Global Registry Report still available, if you would like to purchase a printed copy (US\$35/€30/£26 +P&P), please email: <u>ifsoregistry@e-dendrite.com</u>





IFSO Corporate Partners

Platinum Corporate Partners





ETHICON

PART OF THE Johnson Johnson FAMILY OF COMPANIES



A campus of Community Regional Medical Center





Silver Corporate Partner









IFSO Corporate Partners

The Role of Industry Relations

IFSO is proud to partner with some of the medical industry's premier companies, and aims to better facilitate communications and feedback between the Federation, our members and industry professionals. Support from industry professionals helps IFSO further our goal of providing continuing education resources to our members and other bariatric professionals.

IFSO provides appropriate opportunities for communication and exchange of ideas with our members through our conferences, member communications, and other collaborative ventures.

Corporate Committee

The IFSO Corporate Committee is organized to develop and enhance the joint strategies and efforts of bariatric surgeons, healthcare professionals and industry professionals. The Corporate Council offers opportunities to work with industry peers in appropriately influencing the healthcare of the morbidly obese.

IFSO does not endorse any specific commercial product or service. This website has links to private organizations. The inclusion of external hyperlinks does not constitute endorsement or recommendation by IFSO of the linked Web resources or the information, products, or services contained therein. IFSO does not exercise any control over the content on these sites.

Efforts supported by the Corporate Committee

IFSO Booth at related medical meetings
Press Room at the IFSO Annual Meeting
Support the IFSO Annual Meeting
IFSO/Bariatric Surgery Public Relations efforts





IFSO Corporate Partners

Benefits of Corporate Committee Membership

- Free advertising and Company link to the IFSO website in the IFSO Corporate Committee section
- Recognition and Free advertising in the IFSO online E-Newsletter
- Access to the IFSO membership
- Listing in the online Bariatric Products and Services Guide
- Access to updates from the field and communications from IFSO Leadership
- Opportunity to exhibit at IFSO ancillary meetings
- IFSO Corporate Committee lapel pins for special recognition as a Corporate Committee member
- Member registration rates for the IFSO Annual Meeting
- Discounted annual meeting booth exhibit fee 10%
- Membership annual fees: Platinum level: 15,000\$

Gold level: 7,000\$ Silver level: 3,500\$

If your Company is interested in becoming a member of IFSO Corporate Committee, please fill in the enclosed **Corporate Committee Form** and return it to: secretariat@ifso.com







3rd Annual International Consensus Conference on Duodenal Switch (ICCDS2018)

Palais des Congrès de Montréal/Montreal Convention Center May 17 – 18, 2017

Click here for more info



AIS-IFSO World Surgery: Gastric Sleeve to Re-Sleeve by Camilo Boza (Chile)

April 19th at 9am (Chile Time)/ 5:00 AM PDT/ 8:00 AM EDT/ 1:00 PM BST Clinica Las Condes in Santiago de Chile

Click here for more info

Gastric Sleeve to Re-Sleeve

Camilo Boza

OS:00 M Offic time

WHAT'S NEXT?

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Follow the event on AIS Channel on:

https://aischannel.com/director-new-tricks-tatme/





Second Annual HITEC: Hopkins International

Therapeutic Endoscopy Course

May 02-04, 2018
Baltimore (USA)
Click here for more info
Click here for the brochure
Watch the intro

Excellence in Bariatric & Metabolic Surgery

Cleveland Clinic Abu Dhabi, UAE 2018: April 22-23 - Sept. 25-26

November 20-21

2019: February 27-28

Click here for more information

X Bariatric and Metabolic Surgery Workshop

April 13-14, 2018

Badana Clinic Almuharaq (Bahrain)

<u>Click here</u> for more info

Hands on Course in Bariatric Metabolic Surgery

Mohak High Tech Specialty Hospital, Indore (India) March 22-24, 2018 The Taj Mahal Hotel, New Delhi – India

Click here for more information













2018 Minimally Invasive Surgery Symposium (MISS)

March 6-9, 2018 Las Vegas, USA Click here for more info

2nd Argentinian Congress of SACO

March 21-23, 2018
Cordoba (Argentina)
Click here for more information

17th Annual Surgery of the Foregut Symposium and 5th Annual International Congress of Fluorescence Guided Surgery

February 17-20, 2018
Fort Lauderdale, Florida (USA)
Click here for more info

VIII International Meeting on Surgery for Obesity and Metabolic Surgery

January 22-23, 2018 Madrid, Spain Click here for more info











Endorsement requests must be sent to IFSO Secretariat (info@ifso.com) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

"Endorsement" does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

Benefits:

Endorsed events will be:

- listed on IFSO's Website on the "Endorsed meetings" page, with a link to the congress website
- included on IFSO's E-newsletter
- E-mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO's Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: "Endorsed by" before the logo of IFSO.







IFSO Related Meetings



Gulf Obesity Summit and Regional Congress 2018, which will be held on 19-20 April 2018 in Abu Dhabi, United Arab Emirates.

The Gulf Obesity Summit will discuss what services will be needed by 2025 and will examine the benefits of different approaches to weight management, weight reduction, and the prevention of weight gain and weight re-gain.

Please do not hesitate to contact the Gulf Obesity Summit and Regional Congress Secretariat at group.com for any information that you might need.

You may also register for the conference here: http://bit.ly/2E5xqWV





Why join IFSO?

WHY JOIN IFSO?

- Discounted registration fee to IFSO Congresses and endorsed meetings
- •Free subscription to 'Obesity Surgery' and 'Surgical Endoscopy'
- IFSO Global Registry free data submission
- IFSO Webinars Virtual Learning Academy
- Eligibility to IFSO endorsement for your meeting
- Online Membership Database
- Eligibility to IFSO Scholarships
- IFSO quarterly E-Newsletters
- Social Media (Facebook Group)
- YOUNG IFSO (for members under 45)
- IFSO Journal Club
- Membership in a professional global network of surgeons and I.H. professionals

Membership Fees 2018

• IFSO Membership: 150,00 US \$

•IFSO Membership: 80,00 US \$

IFSO Integrated Health: 20,00 US \$

Find your local Society on: http://www.ifso.com/ifso-member-societies

If you live in a country where there is no national society of bariatric surgery you can apply as INDIVIDUAL on: http://www.ifso.com/join-ifso/

For more information about the registration please **CLICK HERE**





About us

Executive Board

Honorary President Nicola Scopinaro, MD

President

Jacques Himpens, MD

President-Elect Almino Ramos, MD

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Asian Pacific Chapter Member at large Kazunori Kasama, MD

North American Chapter Members at large Mehran Anvari, MD

Middle East North Africa Ch. Members at large Khaled Gawdat, MD

Editor-in-Chief Obesity Surgery Scott Shikora, MD

IFSO 2018 Congress President Ali Khammas, MD

Historian George Cowan, MD







ABOUT US

5 CHAPTERS

63 NATIONAL SOCIETIES

9.500 MEMBERS



European Chapter (EC)



Asian Pacific Chapter (APC)



Latin American Chapter (LAC)



North American Chapter (NAC)



Middle East North Africa Chapter (MENAC)





IFSO Social Media

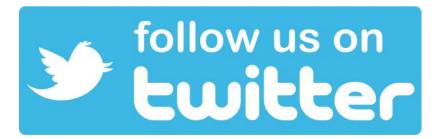


To be informed about all IFSO events and to attend IFSO Journal Club

Join our FB Group by clicking here













Pic of the month



Bariatric Metabolic Surgery Standardization World
Consensus Meeting

The World Top Leader of Bariatric and Metabolic Surgery gathered in New Delhi

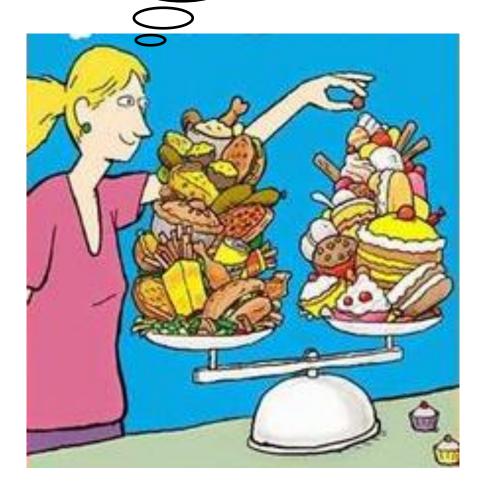
March 23, 2018





Sketch of the month

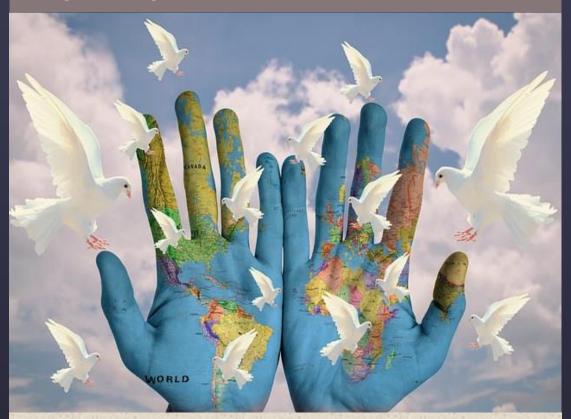
It's very important to have a "balanced" diet!







Spring Greetings



A peaceful and happy Spring to the big IFSO Community!

Jacques Himpens

Manuela Mazzarella, Stefanie D'Arco