

6th

NORDIC-BALTIC-DUTCH BARIATRIC MEETING

15–17 June 2022 | Vilnius | Lithuania



INVITED SPEAKERS:

Prof. Philip R. Schauer (USA)
Prof. Carel le Roux (Ireland)

<http://www.nordic-baltic-bariatrics.lt/>

Dear Friends and Colleagues,

To plan a scientific meeting during the COVID-19 pandemic is a challenging task. The European countries are leaving lockdown one after another, but the wave of coronavirus infections is rising in the other parts of the world. The 6th biannual Nordic-Baltic-Dutch bariatric meeting is planned on 15th-17th of June, 2022 in Vilnius, the capital of Lithuania. This is the first time in the history of these meetings that we will invite our Scandinavian and Dutch colleagues to visit one of the Baltic countries. During the period of thirty years after separation from Soviet Union, Baltic countries (Estonia, Latvia and Lithuania) became modern, progressive societies highly dependent on innovation and science. This could be illustrated by the fact that one of the major sponsors of our meeting together with the industry will be Vilnius city municipality. The conference venue is located in the very centre of Vilnius, modern and vibrant city, with rich history, UNESCO World Heritage listed Old Town, quaint cobblestone streets and luscious parks. The program of the meeting will include keynote lectures of the experts from our region and beyond, eHealth and young scientist session, reports from Registry studies and extensive networking which has become an essential watermark of these meetings. Join us and participate in the discussions, accumulate and share knowledge in the atmosphere of openness, and experience Lithuanian hospitality.

Prof. Almantas Maleckas

On behalf of the Organizing Committee

6th NORDIC-BALTIC-DUTCH BARIATRIC MEETING

ORGANIZING COMMITTEE:



Almantas Maleckas (Baltic countries)



Andrea Karen Floyd (Denmark)



Jon A. Kristinsson (Norway)



Paulina Salminen (Finland)



Magnus Sundbom (Sweden)



Hjortur Gislason (Iceland)



Simon Nienhuijs (Netherlands)

6th NORDIC-BALTIC-DUTCH BARIATRIC MEETING

VENUE:

Radisson Blu Hotel Lietuva (Konstitucijos Ave. 20, Vilnius)

EVENT WEBSITE: <http://www.nordic-baltic-bariatrics.lt/>

REGISTRATION:

All fees are requested in Euro. Registration will be processed only if accompanied by total payment.

REGISTRATION FEES – VAT 21% INCLUDED.

Registration will be open from 17th January, 2022

| | UNTIL JUNE 2 | Onsite |
|-------------|--------------|---------|
| REGULAR FEE | 300 EUR | 400 EUR |

REGISTRATION FEE INCLUDES:

- Conference material
- Unlimited access to all scientific sessions
- Access to the exhibition
- Certificate
- Lunches
- Welcome reception
- Dinner
- Coffee breaks

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| ACCOMPANYING PERSON | Welcome reception 30 EUR | Gala dinner 65 EUR |
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ACCOMMODATION:

A block of rooms has been reserved at the conference venue by Meeting Secretariat.

Single room – 85 eur / night.

Room fee includes: breakfast.

MEETING SECRETARIAT:

CREATIVA

+370 603 78930

info@creativa.lt

www.creativa.lt

SCIENTIFIC PROGRAM

Wednesday 15th June 2022

Registration from 18:00 in the hotel and congress center

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| 18:00 – 22:00 | Registration in Conference center lobby |
| 18:30 – 22:00 | Welcome ceremony: Tapas and networking |

DAY 1 _____ Thursday 16th June 2021

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| 08:00 | Registration and exhibition |
| 09:00 | Opening of the meeting. Almantas Maleckas, Lithuanian University of Health Sciences Hospital (Lithuania) |
| 09:05 – 11:30 | SESSION I: T2DM and metabolic surgery Chair: Almantas Maleckas (Lithuania), Paulina Salminen (Finland) |
| 09:05 – 10:15 | Bariatric surgery status from the organizing countries (7+3 min): Denmark, Sweden, Norway, Island, Finland, Netherlands, Baltic countries |
| 10:15 – 11:00 | Keynote lecture: T2DM remission after metabolic surgery. Philip R. Schauer, Cleveland Clinic (USA) |
| 11:00 – 11:30 | When do we treat T2DM with metabolic surgery? Internist point of view. Carel LeRoux, University College Dublin (Ireland) |
| 11:30 – 12:30 | Lunch and exhibition |
| 12:30 – 14:15 | SESSION II: Complications after bariatric surgery Chair: Juris Zarinovs (Latvia), Andrea Karen Floyd (Denmark) Panel experts: Phil Schauer, Tom Mala, Paulina Salminen, Hjörtur Gislason, Torsten Olbers, Magnus Sundbom |
| 12:30 – 12:55 | GERD and Barrett's – are they a long-term problem after bariatric surgery? Paulina Salminen, Turku University Hospital (Finland) |
| 12:55 – 13:20 | Long-term complications after LRYGB. Tom Mala, Oslo University Hospital (Norway) |
| 13:20 – 13:45 | Reversal after LRYGB – when and why? Hjörtur Gislason, GB Obesitas Hospital (Sweden) |
| 13:45 – 14:15 | Panel and participant discussion: Optimal procedure selection – a balance between target and adverse outcome |
| 14:15 – 14:45 | Coffee and exhibition |

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| 14:45 – 17:00 | SESSION III: Weight regain Chair: Toomas Siilakivi (Estonia), Jon A. Kristinsson (Norway) |
| 14:45 – 15:10 | After LRYGB: distalization after LRYGB for weight regain. Kamran Shah, Aleris Hospital (Norway) |
| 15:10 – 15:35 | Weight regain after LSG: what is the optimal revisional procedure? Philip R. Schauer, Cleveland Clinic (USA) |
| 15:35 – 16:00 | Individual variation in response to standardized bariatric procedures. Torsten Olbers, Linköping University Hospital (Sweden) |
| 16:00 – 16:25 | Weight regain treatment options: Medicine + surgery, not medicine vs. surgery. Carel LeRoux, University College Dublin (Ireland) |
| 16:25 – 17:00 | Discussion |
| 19:00 | Dinner |

DAY 2 _____ Friday 17th June 2022

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| 08:30 – 10:50 | SESSION IV: Back to the future: eHealth, future technologies, and future knowledge Chair: Simon Nienhuijs (Netherlands), Paulina Salminen (Finland) |
| 08:30 – 08:55 | eHealth and future technologies. Simon Nienhuijs, Catharina Hospital (Netherlands) |
| 08:55 – 10:25 | Young researcher session from all participating countries (6+3 minutes): Denmark, Sweden, Norway, Iceland, Finland, Estonia, Latvia, Lithuania, and Netherlands |
| 10:25 – 10:50 | Barialink: Learning from sharing surgical experience and knowledge. Paulina Salminen, Turku University Hospital (Finland) Almantas Maleckas, Lithuanian University of Health Sciences Hospital (Lithuania) |
| 10:50 – 11:15 | Coffee and exhibition |
| 11:15 – 12:45 | Session V: Nationwide quality registries Chair: Magnus Sundbom (Sweden), Hjortur Gislason (Iceland) |
| 11:15 – 11:40 | Sweden. Magnus Sundbom, Uppsala University Hospital (Sweden) |
| 11:40 – 12:05 | Netherlands. Ronald Liem, Groene Hart Hospital (Netherlands) |
| 12:05 – 12:30 | Norway. Villy Våge, Haralds plass Deaconess University Hospital (Norway) |
| 12:30 – 12:45 | Feedback and closing remarks |
| 12:45 | Lunch |